



# HOLY TRINITY CATHOLIC CHURCH

Washington, DC

March 12, 2017

## To Keep a True Lent

Robert Herrick (1591-1674)

*Is this Fast to keep  
The larder lean?  
And clean  
From fat of veals and sheep?*

*Is it to quit the dish  
Of flesh, yet still  
To fill  
The platter high with fish?*

*Is it to fast an hour  
Or ragg'd to go  
Or show  
A down-case look and sour?*

*No: 'tis a Fast to dole  
They sheaf of wheat  
And meat  
With the hungry soul.*

*It is to fast from strife  
And old debate  
And hate  
To circumcise thy life.*

*To show a heart grief-rent  
To starve thy sin,  
Not bin;  
And that's to keep thy Lent.*

The above poem is a favorite of Father Paul Campbell. Read how this piece inspires him during the Lenten journey in today's "From the Pastor's Desk" on page 2.



Kindergarteners at St. Joseph's School with coloring pages provided by Holy Trinity

## A Week in Haiti

Three parishioners—Kittie Fitzgerald, Mike Conway and our Pastoral Associate for Social Justice, Kate Tromble—recently returned from a visit with our sister parish, St. Jean Baptiste. The parish was directly in the path of Hurricane Matthew last October and experienced a devastating amount of damage.

Traveling from Port Au Prince to Jeremie, and then onto Anse-d'Hainault, we saw the hurricane damage first hand: fallen trees, trees without leaves, ruined buildings and homes. Tarps covered the many homes without roofs and were even used in many cases as walls. But, we also saw some fortunate homes with shiny new metal roofs.

The people we spoke with about the approach of the hurricane said all knew that a storm was coming, just not how serious it would be. One woman described leaving her fallen house with her handicapped sister to seek shelter in the middle of the night. While the water rose around them and strong winds blew, they struggled to stay upright and keep walking. Fortunately some people helped them reach another house, and they were safe. Many other residents sought shelter in the newly rebuilt secondary school, which sits on higher ground.

After the storm, the parish was quickly able to send funds to Catholic Relief Services (CRS) and also directly to our sister parish to replace the church's fallen roof, help the parish school reopen and to purchase seeds to begin replanting coffee and fruit trees. CRS also distributed seeds for other crops. Much of this was possible thanks to the generous contributions of Trinity parishioners.

*Continued on page 5*

MAIN CHURCH  
36th Street, between  
N and O Streets, NW  
Washington, DC 20007



[www.trinity.org](http://www.trinity.org)



/HolyTrinity  
CatholicChurch

PARISH CENTER  
3513 N Street, NW  
Washington, DC 20007  
202-337-2840



@HolyTrinityDC

**MISSION STATEMENT**

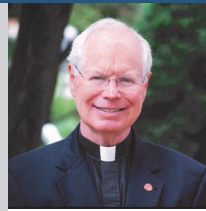
We are a Jesuit Catholic parish that welcomes all to:  
 Accompany one another in Christ  
 Celebrate God's love  
 Transform lives

**PARISH CENTER**

**Phone:** 202-337-2840 **Fax:** 202-337-9048  
**Hours:** Mon-Thur: 8:30am-7:30pm; Fri: 8:30am-4:30pm; Sat & Sun: No receptionist on duty, but the parish center is accessible during mass times.  
**Emergencies Only:** 202-903-2817

**JESUIT STAFF & PARISH DEPTS.**

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Youth Ministry	Sara Seligmann 202-903-2814	sseligmann@trinity.org



**From the Pastor's Desk**  
*This week's column is written by Paul Campbell, S.J., Associate Pastor*

*To show a heart grief-  
 rent  
 To starve thy sin,  
 Not bin;  
 And that's to keep thy Lent.*

Once you get past the archaic-sounding language in Robert Herrick's poem (published in full on the cover), its message of where to focus energy in Lent is, at least for me, very helpful.

I am of that generation that believed that Lent meant only giving something up. It's why, for instance, I don't take either milk or sugar in my coffee and tea. (Strangely, however, I have given up alcohol for Lent on many occasions but, "miraculously," have still found it to my taste on Easter Sunday!)

Perhaps it's because I am a man of "substance" that I like the idea of not having to starve my "bin" but only need to work on my sin (or many sins...). It appeals to me, as a native of Belfast, that I should fast from "strife and old debate and hate." (There's a famous quip: What's the definition of a balanced Ulsterman? Someone with a chip on both shoulders.)

I also appreciate the advice to give "my sheaf of wheat, and meat" to the hungry. It beggars my imagination that in the richest country in the world, we still had in 2015 more than 13 million children who suffer from what's euphemistically called food insecurity. How can this be? I know my fellow citizens to be hugely compassionate and generous but, somehow, as a nation we can't seem able to provide the most basic necessity to all our sisters and brothers.

I confess that the counsel to "circumcise thy life" makes me squirm involuntarily, but I do get that it refers to getting rid of all the unnecessary things that encumber my life. As a devoted thrift store customer, always on the lookout for outrageous bargains, I know a lot about clutter.

So, there it is. If, by chance, you happen to have a different Lenten poem as your favorite, please share it with me. I'm always searching for more of what Mary Oliver calls, "fires for the cold, ropes let down to the lost, something as necessary as bread in the pockets of the hungry."



## Daily Mass Intentions

The parish community prays for all of the dead every day at Mass. However, we encourage parishioners to mention specific persons by name during the General Intercessions when invited to do so by the presider.

Parishioners may also request that a specific person be remembered by name at a particular weekday Mass by calling or visiting the receptionist's desk in the Parish Center during normal office hours.

Names must be submitted one week in advance. Persons to be so remembered at weekday Masses this week are:

### Week of March 13-18, 2017

Monday	7:00am	Bill Miller+
	8:00am	
	5:30pm	Dikram Maigouni+
Tuesday	7:00am	
	8:00am	
	5:30pm	Quinton Matthew Noel+
Wednesday	7:00am	Stephen Fecske+
	8:00am	
	5:30pm	Arthur Scott Cranston, Jr.+
Thursday	7:00am	
	8:00am	Patricia Ann Jones+
	5:30pm	Matthew & Patricia Kraemer+
Friday	7:00am	Special Intention
	8:00am	Joseph Bowery+
	5:30pm	Kenneth & Delores Bettis+
Saturday	8:00am	Denis & Ellen Moriarty+

### Pray for those who are sick:

*Rose Mary Frawley; Robyn Michelle Nanna*

### Pray for those who are dead:

*For those we hold in our hearts*

## PRAYER REQUESTS

To add a name to these prayer lists, contact Lisa Dittmeier at [ldittmeier@trinity.org](mailto:ldittmeier@trinity.org). You must be an immediate relative of the one to be remembered, or have express permission in order to add a name to these lists. The names on this prayer list will be mentioned aloud at Sunday Mass during the General Intercessions and will be published in the parish eLetter and bulletin.

We also invite parishioners to write the name of deceased loved ones in the Book of the Dead, which is kept in the back of the chapel. The parish community remembers these persons each time we gather for Eucharist.

## SACRAMENTS

**Mass Schedule** (*Check bulletin or website for Holy Days*)

**Weekdays:** 7am, 8am & 5:30pm in the Chapel (on N St.)  
*Note: Chapel is open on weekdays between Masses.*

**Saturday:** 8am — Chapel; 5:30 pm Vigil — Church

**Sunday:** 7:30am, 9am, 11:30am, 1:15pm & 5:30pm

### Sacrament of Reconciliation

Every Saturday from 4:30pm—5:15pm or by appointment

### Sacrament of the Sick

Communal anointing is celebrated on the first Wednesday of the month at 7pm in the St. Ignatius Chapel. Call the Parish to request the sacrament at home or in the hospital.

### Baptisms and Weddings:

- To schedule a Baptism or Wedding, contact Helene Flanagan, 202-903-2806 or [hflanagan@trinity.org](mailto:hflanagan@trinity.org)
- To register for the preparation process, see next item.

### Sacramental Preparation:

Persons desiring to receive certain sacraments at Holy Trinity need to be registered parishioners and are expected to participate in a preparation program. For more information or to register, contact the appropriate staff person:

- Infant Baptism: [readmin@trinity.org](mailto:readmin@trinity.org), 202-903-2808
- First Reconciliation: Judith Brusseau, 202-903-2807
- First Eucharist: Judith Brusseau, 202-903-2807
- Marriage Preparation: [readmin@trinity.org](mailto:readmin@trinity.org), 202-903-2808
- Adult Initiation (RCIA): Anne Koester, 202-337-2840 x128
- Children's Initiation (RCIA): Judith Brusseau, 202-903-2807
- Adult Confirmation: Judith Brusseau, 202-903-2807
- Youth Confirmation: Sara Seligmann, 202-903-2814

## NEW PARISHIONER REGISTRATION

Welcome to Holy Trinity! We invite you to join our parish. You may register at [www.trinity.org](http://www.trinity.org). Parishioner registration forms can be found under the **Participate** tab. Questions about registering can be directed to [registration@trinity.org](mailto:registration@trinity.org).

New parishioner orientations are held several times throughout the year. See the bulletin, eLetter and website for announcement of dates and times.

## RITE OF CHRISTIAN INITIATION OF ADULTS

The Rite of Christian Initiation of Adults (RCIA) is a process of conversion and faith formation for individuals who are interested in living the Christian life in the Catholic tradition. Those who want to learn more about the possibility of becoming Catholic are welcome to come to the Inquiry meetings held every Tuesday evening at 7pm in the Faber Room, Holy Trinity Parish Center. Please contact Anne Koester [akoester@trinity.org](mailto:akoester@trinity.org) for more information or visit our website.

## PARISH PASTORAL COUNCIL (PPC)

PPC members share leadership responsibility with our pastor. As advisors to the pastor, PPC members assist the pastor in discerning, articulating and communicating to other parishioners the identity and mission of the parish, and they assist the pastor in assuring fidelity to that identity and mission.

President Kirk Willison [ppcpresident@trinity.org](mailto:ppcpresident@trinity.org)

Vice President Cecilia Boudreau [parishcouncil@trinity.org](mailto:parishcouncil@trinity.org)

## IGNATIAN SPIRITUALITY



### Lenten Reflections on Love Week III

*"Love it is not jealous or boastful,  
It is not arrogant or rude"  
(1 Corinthians 13:4-7)*

In expanding on Paul's vision of love that it is not jealous or boastful, Pope Francis points out that love invites us to rise above ourselves, whereas envy closes us down. True love values the other person's achievements. It does not see him or her as a threat.

Think of how Jesus dealt with the Pharisees. He never boasted about his filial relationship with God to trump their knowledge. When they asked him about curing a man with a withered hand on the Sabbath, he pointed out that they would save one of their sheep if it fell into a hole on the Sabbath. Wasn't it then a greater act of love to heal this man, than to adhere to the Sabbath restrictions?

*(Matthew 12: 9-14)*

In discussing how love can be arrogant, Pope Francis notes that literally it means that we do not become "puffed up" before others. Yet what really makes us important, according to Francis and Paul, is a love that *understands, shows concern and embraces the weak.*

Our challenge this week is to look into our hearts and find if this type of love is taking root. A love that is not arrogant or rude, but kind and gentle can be a tough sell in a city where our worth is often measured in how much power and influence we wield. Yet a love that is gentle and kind is available to all of us when we talk with Jesus about our desire to love as he loved. How can we show a kind and gentle love this week, that challenges indifference to the weak in our city and our world?

*-Written by parishioner Roger Sullivan*

### Ignatian Spirituality Resources

Holy Trinity's Ignatian Spirituality Ministry has a "Resources" web page, with links to prayer apps, Jesuit retreat houses, articles and videos. Check it out at [www.trinity.org/ignatian-spirituality/resources](http://www.trinity.org/ignatian-spirituality/resources).

### An Ignatian Journey to Spain & Lourdes

Join Fr. George Witt, S.J., Provincial Assistant for Spirituality Ministries, **October 1-11**, for this pilgrimage through southern France and northern Spain in the footsteps of St. Bernadette, St. Ignatius Loyola and St. Francis Xavier. For more information, visit [www.GoCatholicTravel.com/NaylorWitt](http://www.GoCatholicTravel.com/NaylorWitt) or call group coordinator Joe Naylor at (212) 774-5529.

*Visit our website for more information about all of our  
Ministries and their programs.*

*Sign up for our Holy Trinity eLetter for weekly updates at  
[www.trinity.org/e-lettersubscribe](http://www.trinity.org/e-lettersubscribe)*

## WORSHIP

### Mass with Anointing of the Sick

Each Lent, Holy Trinity School's sixth grade students pray with the sick whose names appear on the on-going parish prayer list. Those on the parish sick list, other parishioners and friends are then invited to celebrate the Eucharist and the Sacrament of the Sick during Lent. This year, the parish will gather on **March 21** at 11am in the Chapel to pray with and anoint those among us who are sick, aging, and facing chronic or worsening disease. Your name does not need to appear on the parish sick list to participate. For questions or to RSVP, please email David Pennington, [dpennington@trinity.org](mailto:dpennington@trinity.org)

### From Ashes to the Font: Lent, Baptism, & RCIA

Lent is about baptism! Anne Koester, Coordinator for the parish's Rite of Christian Initiation for Adults (RCIA), will lead a discussion on how Lent is a time of preparation for baptism, focusing specifically on the Rites of Christian Initiation of Adults and how the preparation of our catechumens is the place to start for our own Lenten practices. The session will be given on **March 25** at 9:30am in McKenna Hall and **April 2** at 10:10am in the Chapel.

## SOCIAL JUSTICE

### Know Your Rights/Active Bystander Training

Join us on **March 28** at the home of Linda Potter and Tim Shriver. We will learn what rights community members have when immigration appears at their door or workplace. We will also learn what bystanders should do when they witness an enforcement action. 7-8:30 pm, 4810 Drummond Ave, Chevy Chase (10 min walk from both the Friendship Heights and Bethesda metro stations). RSVP: Kate Tromble, [ktromble@trinity.org](mailto:ktromble@trinity.org)

### Be a Child Advocate for an Unaccompanied Immigrant Child

The Young Center for Immigrant Children's Rights will be hosting a two-day volunteer training on **April 8-9** for anyone interested in serving as a child advocate. The role of an advocate is to meet with the child, learn the child's story over time and advocate for that individual child's best interest. Volunteers must be over 21 and speak Spanish. To register contact Emily Verberg, [everburg@theyoungcenter.org](mailto:everburg@theyoungcenter.org) or (202) 794-8742.

### Mercy 5K

Please join us on **April 29** at Bluemont Park in Arlington, VA for the Mercy 5k race for girls education in Kenya. All proceeds will support building a dorm for 350 high school girls. Registration is now open at [www.safetyandhealthfoundation.org/mercy](http://www.safetyandhealthfoundation.org/mercy) For more info please visit [www.mercyproject.org](http://www.mercyproject.org) to read about the latest updates.

## A Week in Haiti, *continued from page 1*

Going forward, replanting is an urgent priority. Hurricane Matthew destroyed all of the crops in this agricultural area and many of the residents are subsistence farmers. During our visit we were happy to see that food (rice, beans and oil) is being provided by World Food Program to meet immediate needs. But that is not a long-term solution. The lines are long, only some are able to receive food, and many must come from long distances away in the surrounding mountain areas just for a chance at food. Everyone is making due as best they can, but replanting and returning to their previous agricultural life is important.

St. Jean Baptiste parishioners asked us to tell everyone at Holy Trinity how grateful they are for their generosity and quick response after the hurricane. They wish that they had something to give us in return, and so they give us their prayers. We expressed our gratitude for their friendship and prayers and ensured them that we also always pray for them.

*-Written by Kittie Fitzgerald*



*Mike Conway, Kittie Fitzgerald, Kate Tromble, Pere Medard and two St. Raymond's School graduates, currently attending nursing school on scholarships provided by Holy Trinity parishioners.*

## YOUTH MINISTRY

### Georgetown Race Against Homelessness

Register and race for the Georgetown Ministry Center on **March 26** from 10am-3pm. To join our team visit [www.georgetownministrycenter.org/events/georgetown5k/](http://www.georgetownministrycenter.org/events/georgetown5k/) and choose "Holy Trinity High School RE" or contact Sara Seligmann for more information.

**Youth Mass (7th-12th grade)** The next Youth Mass takes place on **March 22** at 6pm in the Lower School Big Room. After Mass, we share a meal together to develop community.

## FAITH FORMATION/ RELIGIOUS EDUCATION

### Raising Faith-Filled Kids

Please join us for a Sunday Morning Religious Education Parent meeting on **March 12** at 10:10am in Trinity Hall. The focus will be on ways RE can serve and engage children and their families. All parents should plan to attend.

### Children's Bible Story Hour

**March 12, 10:10am**, Lower School Big Room. Bring your 3-5 year old to listen to Bible stories. No advance registration needed!

## PARISH LIFE

### Save the Date for Camp Trinity

**September 22-24, 2017**

For more information, please visit [www.trinity.org/camp-trinity](http://www.trinity.org/camp-trinity)

### Annual Twelfth Night Party

Join us **March 18** at 6pm for an evening of prayer, food, singing and fun. A prayer service in the Chapel is followed by cocktails and dinner in McKenna Hall. \$25 per person. RSVP by March 14 to Helene Flanagan, [hflanagan@trinity.org](mailto:hflanagan@trinity.org).

### Trinity Adult Community Gathering

Please join the adult singles of the Parish on **March 19** after 5:30 evening Mass for conversation, food, drinks and laughter. Please bring a side dish, drinks or make a donation to help defray the costs. The Trinity Adult Community is a welcoming group of adult singles within our Holy Trinity Community.

### RCIA Sponsors and Prayer Partners Needed

We have baptized candidates and catechumens (who are not baptized) who need parishioners willing to share the journey of faith with these individuals as they explore the possibility of becoming Catholic. Learn more about these important ministries by contacting Anne Koester, [akoester@trinity.org](mailto:akoester@trinity.org)

## HOLY TRINITY SCHOOL

### Holy Trinity School Gala: Monte Carlo Night Saturday, April 1, Trinity Hall

Become a sponsor, donate, or [attend the event!](#) Proceeds benefit need-based scholarships for students and professional development opportunities for our teachers. We are still looking for vacation properties, unique experiences, golf items, and books signed by your favorite author! If you have questions or would like to support the event, email Jennifer Touchette at [jennifer.touchette@gmail.com](mailto:jennifer.touchette@gmail.com).



### Sunday, March 12, 2017

#### SECOND SUNDAY OF LENT

Genesis 12:1-4a/ 2 Timothy 1:8b-10/Matthew 17:1-9

*At all Masses  
Monthly non-perishable food drive for the McKenna Center*

- 10:10 AM Religious Education**  
Assigned Classrooms
- 10:10 AM Raising Faith-Filled Kids**  
Trinity Hall
- 10:10 AM Children's Bible Story Hour**  
Lower School Big Room
- 10:15 AM St. Jean Baptiste Haiti Meeting**  
Parish Center Library
- 7:15 PM Young Adult Community Mass**  
Saint Ignatius Chapel
- 8:15 PM Young Adult Community Café**  
McKenna Hall

### Monday, March 13, 2017

#### MONDAY OF THE 2ND WEEK OF LENT

Daniel 9:4b-10/Luke 6:36-38

- 7:00 PM L'Arche Prayer Night**  
McKenna Hall
- 7:00 PM Job Seekers Readiness Workshop: Self Assessment**  
Georgetown Neighborhood Library/ R & Wisconsin, NW
- 7:30 PM Separated, Widowed & Divorced Group**  
Neale Room

### Tuesday, March 14, 2017

#### TUESDAY OF THE 2ND WEEK OF LENT

Isaiah 1:10, 16-20/Matthew 23:1-12

- 7:00 PM Rite of Christian Initiation for Adults (RCIA)**  
Faber Room

### Wednesday, March 15, 2017

#### WEDNESDAY OF THE 2ND WEEK OF LENT

Jeremiah 18:18-20/Matthew 20:17-28

- 6:30 PM Maria Madre Committee Meeting**  
Neale Room
- 6:30 PM Reconciliation: The Light is On for You**  
Church
- 7:00 PM Parish Council Meeting**  
McKenna Hall
- 7:15 PM Book Discussion Group**  
Lower School Big Room

### Thursday, March 16, 2017

#### THURSDAY OF THE 2ND WEEK OF LENT

Jeremiah 17:5-10/Luke 16:19-31

- 6:00 PM Christian Meditation Group**  
Saint Ignatius Chapel
- 6:00 PM Iconography Guild**  
Parish Center Library
- 7:00 PM Job Seekers Support Group**  
Georgetown Neighborhood Library (R & Wisconsin Ave NW)
- 7:00 PM Young Adult Community Faith Sharing**  
Saint Ignatius Chapel

### Friday, March 17, 2017

#### FRIDAY OF THE 2ND WEEK OF LENT

Genesis 37:3-4, 12-13a, 17b-28a/Matthew 21:33-43, 45-46

- 6:00 PM Simple Supper**  
McKenna Hall
- 6:00 PM Stations of the Cross**  
Saint Ignatius Chapel

### Saturday, March 18, 2017

#### SATURDAY OF THE 2ND WEEK OF LENT

Micah 7:14-15, 18-20/Luke 15:1-3, 11-32

- 7:30 AM Zen Meditation**  
Parish Center Upper Room [rduecker@aol.com](mailto:rduecker@aol.com)
- 8:00 AM CRS Helping Hands Food Packing**  
Trinity Hall
- 8:30 AM Holy Trinity Seminar Series**  
Neale Room
- 9:00 AM Repetitio**  
Parish Center Library

### Sunday, March 19, 2017

#### THIRD SUNDAY OF LENT

Exodus 17:3-7/Romans 5:1-2, 5-8/John 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

- 8:30 AM Coffee After 7:30am Mass**  
Parish Center Library
- 10:10 AM Religious Education**  
Assigned Classrooms
- 6:30 PM Trinity Adult Community Gathering**  
McKenna Hall