A Lenten Retreat: Drawn from the Spiritual Exercises

Have you made an Ignatian retreat and desire ‘more’? Or Have you made the 8-month Spiritual Exercises? Do you have a desire to rekindle your relationship with Jesus that you discovered through the Exercises?

If you answered “yes,” consider joining our Lenten Retreat, February 26-April 8. This Ignatian Retreat in Daily Life is an individually directed retreat, made at home for individuals who want to engage in a practice of daily prayer during Lent. The deadline for registration is February 13. To register please visit www.trinity.org/ignatian-spirituality/retreats and for more information please contact Martina O’Shea, moshea@trinity.org. The following are reflections of two Holy Trinity parishioners on the retreat:

“I completed the Spiritual Exercises in 2009, continued in spiritual direction, and participated in Ignatian Spirituality and Prayer events here at the parish. Yet, with the passage of time I felt the desire and need for renewal ... to bring me closer to Jesus. The Lenten Retreat was that opportunity! The Retreat -- which included weekly meetings with a spiritual guide, meditations on scripture, prayer, and reflection on my experience -- helped me to be more sensitive to how Jesus might be speaking to me in the here and now and to his love for me and the world.”

“I completed the Spiritual Exercises in 2014. I have had the good fortune to continue seeing my spiritual advisor monthly which has been an important part of my own spiritual journey. Yet, over the months I found myself in my readings or just in conversation with my advisor, trying to reconnect with basic tenets of the Exercises. I would bring to my advisor questions about the Principle and Foundation, the Two Standards, and other pieces of the Exercises. I felt refreshed having revisited the structure I had put in place when doing the Exercises. But, while I thought I had a good grasp of what I had experienced, and even with having the opportunity to review, I felt I needed a tune up. His suggestion was for me to participate in the Lenten Retreat...this retreat deepened my relationship with Jesus, enriched my prayer and allowed me to deepen my spiritual journey.”

New! Ignatian Spirituality Resources

Holy Trinity’s Ignatian Spirituality Ministry has a new “Resources” web page, with links to prayer apps, Jesuit retreat houses, articles and videos. Visit www.trinity.org/ignatian-spirituality/resources

Summer Service Trips

Applications for Youth Ministry summer service trips are due February 6. Youth Ministry will be traveling to Camden, NJ for the Urban Challenge at the Romero Center (July 31-August 5) and to Anse d’Hainault, Haiti to visit our sister Parish, St. Jean Baptiste.

Please visit the website for more information!
MISSION STATEMENT
We are a Jesuit Catholic parish that welcomes all to:
Accompany one another in Christ
Celebrate God’s love
Transform lives

PARISH CENTER
Phone: 202-337-2840  Fax: 202-337-9048
Hours: Mon-Thur: 8:30am-7:30pm; Fri: 8:30am-4:30pm; Sat & Sun: No receptionist on duty, but the parish center is accessible during mass times
Emergencies Only: 202-903-2817

JESUIT STAFF & PARISH DEPTS.
Pastor  Kevin Gillespie, S.J.  kgillespie@trinity.org
Associate Pastor  William Ryan, S.J.  wryan@trinity.org
Associate Pastor  Paul Campbell, S.J.  pcamphill@trinity.org
Associate Pastor  William Kelley, S.J.  wkelley@trinity.org
Executive Asst./Parish Life  Lisa Dittmeier  ldittmeier@trinity.org
Communications  Karelia Pallan  kpallan@trinity.org
Development  Shauna Creary  development@trinity.org
Facilities  Tass McCarthy  tmccarthy@trinity.org
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Ignatian Spirituality  Martina O’Shea  moshea@trinity.org
Music Ministry  Kathleen DeJardin  kdejardin@trinity.org
Parish Assess. & Renewal  Sara DeCarlo  sdecarlo@trinity.org
Social Justice  Kate Tromble  ktromble@trinity.org
Worship & Liturgy  David Pennington  dpennington@trinity.org
Young Adult Comm. (YAC)  Catherine Heinhold  cheinhold@trinity.org
Youth Ministry  Sara Seligmann  sseligmann@trinity.org

From the Pastor’s Desk
This week’s column is written by Kate Tromble, Pastoral Associate for Social Justice

Pope Francis’ first visit as Pope was to the Italian island of Lampedusa where he challenged Catholics to not be indifferent to the sufferings of their refugee brothers and sisters. Hearing these words, Holy Trinity parishioners began asking what they could do to help.

After some research we discovered that Lutheran Social Services in Falls Church resettled refugees in Northern Virginia. We began working with them to determine what accompanying a family entailed and started putting together a team.

It takes a lot of people to accompany one family. We need teams for food, housing and furnishing, finance, employment, transportation, welcome, clothing, education and ESL, medical and legal services, and interpreters who speak Arabic. It wasn’t hard to find volunteers, though. We just needed to ask and people jumped at the chance to assist a family. Our team grew large rather quickly. Then the waiting began.

It took three months to have a family assigned to us—the Cheikho family, a Kurdish Muslim family of eight from Syria currently in Iraq. It took another two months for them to be approved to travel and yet another two months for them to have airline tickets. After two and a half years as refugees, the Cheikhos would land at Dulles on February 6 at 7pm. They had been rigorously vetted and had done all the things required of them for visas and entry into the U.S.

Four days later we read the president’s executive order and cried. Although initially unclear as to its implementation, it was hard to see how our family was going to enter the country. Our thoughts were confirmed this week when Lutheran Social Services phoned to say our family’s travel had been canceled. After all of our efforts and all of the Cheikhos’ hopes, we had lost our family.

We haven’t spoken to them, but I imagine the Cheikho family is devastated. We are devastated. In the almost six months that we have known them, the Cheikhos have become part of our Holy Trinity community. The prohibition on their entry into the U.S. is not just a canceled trip; it is the loss of a family from our community.

We continue to pray for the Cheikhos. We will continue to explore any possible avenues for their arrival. We have been asked to consider accompanying another family. All of these efforts lessen the grief we feel. But we have suffered a loss and we must grieve before we can move on. Thus, we will hold evening prayer for the Cheikhos and all refugees on Monday February 6 at 7pm in the Chapel.

There’s a prayer by St. Julian of Norwich that I have said a lot in the last week “all shall be well and all shall be well; and all manner of things shall be well.” God is always walking with us, loving us, holding us. He’s holding and loving the Cheikhos as well.
Daily Mass Intentions

The parish community prays for all of the dead every day at Mass. However, we encourage parishioners to mention specific persons by name during the General Intercessions when invited to do so by the presider. Parishioners may also request that a specific person be remembered by name at a particular weekday Mass by calling or visiting the receptionist’s desk in the Parish Center during normal office hours.

Names must be submitted one week in advance. Persons to be so remembered at weekday Masses this week are:

Week of February 6-11, 2017

Monday 7:00am Rita Walsh+
8:00am Suzanne McGee+
5:30pm Genevieve Lynch+

Tuesday 7:00am Mary Ong Tom Mason+
8:00am Mary Frances Greaney+
5:30pm Vincent & Carmela Maracchio+

Wednesday 7:00am Robert Irwin+
8:00am Bud McKelligan
5:30pm Joseph Duddy, Jr.

Thursday 7:00am
8:00am
5:30pm Mary F. Ryan+

Friday 7:00am
8:00am
5:30pm

Saturday 8:00am John & Mary McAuliffe+

Pray for those who are sick:
For those we hold in our hearts

Pray for those who are dead:
For those we hold in our hearts

PRAYER REQUESTS

To add a name to these prayer lists, contact Lisa Dittmeier at: ldittmeier@trinity.org. You must be an immediate relative of the one to be remembered, or have express permission in order to add a name to these lists. The names on this prayer list will be mentioned aloud at Sunday Mass during the General Intercessions and will be published in the parish eLetter and bulletin.

We also invite parishioners to write the name of deceased loved ones in the Book of the Dead which is kept in the back of the chapel. The parish community remembers these persons each time we gather for Eucharist.

SACRAMENTS

Mass Schedule (Check bulletin or website for Holy Days)
Weekdays: 7am, 8am & 5:30pm in the Chapel (on N St.)
Note: Chapel is open on weekdays between Masses.
Saturday: 8am — Chapel; 5:30 pm Vigil — Church
Sunday: 7:30am, 9am, 11:30am, 1:15pm & 5:30pm

Sacrament of Reconciliation
Every Saturday from 4:30pm—5:15pm or by appointment

Sacrament of the Sick
Communal anointing is celebrated on the first Wednesday of the month at 7pm in the St. Ignatius Chapel. Call the Parish to request the sacrament at home or in the hospital.

Baptisms and Weddings:
• To schedule a Baptism or Wedding, contact Helene Flanagan, 202-903-2806 or hflanagan@trinity.org
• To register for the preparation process, see next item.

Sacramental Preparation:
Persons desiring to receive certain sacraments at Holy Trinity need to be registered parishioners and are expected to participate in a preparation program. For more information or to register, contact the appropriate staff person:
• Infant Baptism: readmin@trinity.org, 202-903-2808
• First Reconciliation: Judith Brusseau, 202-903-2807
• First Eucharist: Judith Brusseau, 202-903-2807
• Marriage Preparation: readmin@trinity.org, 202-903-2808
• Adult Initiation (RCIA): Anne Koester, 202-337-2840 x128
• Children’s Initiation (RCIA): Judith Brusseau, 202-903-2807
• Adult Confirmation: Judith Brusseau, 202-903-2807
• Youth Confirmation: Sara Seligmann, 202-903-2814

NEW PARISHIONER REGISTRATION

Welcome to Holy Trinity! We invite you to join our parish. You may register at www.trinity.org. Parishioner registration forms can be found under the Participate tab. Questions about registering can be directed to registration@trinity.org.

New parishioner orientations are held several times throughout the year. See the bulletin, eLetter and website for announcement of dates and times.

RITE OF CHRISTIAN INITIATION OF ADULTS

The Rite of Christian Initiation of Adults (RCIA) is a process of conversion and faith formation for individuals who are interested in living the Christian life in the Catholic tradition. Those who want to learn more about the possibility of becoming Catholic are welcome to come to the Inquiry meetings held every Tuesday evening at 7pm in the Faber Room, Holy Trinity Parish Center. Please contact Anne Koester akoester@trinity.org for more information or visit our website.

PARISH PASTORAL COUNCIL (PPC)

PPC members share leadership responsibility with our pastor. As advisors to the pastor, PPC members assist the pastor in discerning, articulating, and communicating to other parishioners the identity and mission of the parish, and they assist the pastor in assuring fidelity to that identity and mission.

President Kirk Willison ppcpresident@trinity.org
Vice President Cecilia Boudreau parishcouncil@trinity.org
WORSHIP

Smells & Bells: Catholic Sacramental Imaginations
Who says smells and bells are a thing of the past? David Pennington will lead a liturgical formation session focusing on the signs, symbols, rituals, and texts that constitute Catholic liturgy on February 11, 9:30-11am, Saint Ignatius Chapel. We will explore how symbols and texts shape our rituals and how we engage at the liturgy with all our senses.

IGNATIAN SPIRITUALITY

Sanctuary Prayer
Who offered the stable for the birth of a child?
Who offered refuge in Egypt when the family had to flee?
Who welcomed them there?
Who will offer sanctuary to the immigrants in our communities
As they face roundups, as their human dignity is ignored?
Who will welcome and protect them,
Who will choose love and inclusion over fear?
Who of us will recognize
A holy family, a mother, a child?
Who of us will remember Christ’s words: “I was a stranger and you welcomed me;
What you do for the least of these, You do for me.” Amen.
~Jane Deren, Ph.D.

The Fifth Week: Living the Spiritual Exercises
For parishioners who have completed the Spiritual Exercises, join us on February 25 at 6:45pm in McKenna to reflect on both our connection to the Spiritual Exercises and a desire that our lives reflect the graces we continue to receive on that journey. Light dinner will be provided; a donation of $5 is suggested. For more info and to RSVP, email Jan at 5thweekHT@gmail.com

Explore a Life of Prayer
The Carmelite Monastery of Baltimore will host An Afternoon of Carmelite Prayer and Reflection for single women ages 18-40 who are seeking a deeper relationship with God on February 11, 1:30-4:30pm. Attendees will learn about their life, meet some of the sisters, and experience prayer in the Carmelite tradition. The afternoon will conclude with Vespers. Contact Sister Monika Bies, OCD at monika@baltimorecarmel.org for more information.

SOCIAL JUSTICE

Prayer Vigil
On Monday, February 6 at 7pm, all parishioners are invited to an evening prayer for the Cheikho family and all refugees. As a result of the president’s executive order, our family will not be allowed to arrive on February 6 as planned. They need our prayers of love and support now more than ever. We will gather as a community in the Chapel of Saint Ignatius to offer those prayers. For more information about our refugee family, please read this week’s Pastor Desk column or contact Kate Tromble.

McKenna Food Drive
Please remember that next weekend is our monthly food drive for the Fr. McKenna Center. Please bring non-perishable food items and place them in the bins outside of church.

L’Arche Prayer Night
Please join L’Arche Greater Washington DC to share in our gifts of welcome, prayer and joy. February 13, 7pm, McKenna Hall

Religious Diversity & Human Dignity
Join the Jewish Community Center of Washington, DC and a team of scholar practitioners from Jewish, Christian and Muslim traditions for a program that explores vital questions relating to the intersection of personal identity, communal formation, and civil life. February 12, 2-5pm, Edlavitch DCJCC (1529 16th St, NW). Register at www.edcjcc.org/jewish-living/special-events.html

Saints in the Making
Join St. Matthew’s Cathedral for a Black History Month conversation about the Lives of Four African-American men and women who dedicated themselves in service to the Lord: Venerable Mother Mary Lange, Venerable Fr. Augustus Tolton, Venerable Pierre Toussaint, and Venerable Mother Henriette Delille. February 9, 3-4:30pm, 1725 Rhode Island Ave, NW. Email Lydia Clegg clegg_1carroll@comcast.net with questions.

Visit our website for more information about all of our Ministries and their programs.
Sign up for our Holy Trinity eLetter for weekly updates at www.trinity.org/e-lettersubscribe
2017 Cardinal’s Appeal

This week, you are asked to review the Cardinal’s Appeal brochure available in the back of the church. The theme of the Appeal is, “Seek First the Kingdom of God” (Matthew 6:33). A significant gift to the Cardinal’s Appeal will touch the lives of many others in a very positive way. Please reflect on God’s gifts to you. He has given you all that you have. Your gifts to our parish, to the archdiocese and to the work of the Church throughout the world should be given in gratitude for the continuing gifts that God gives you.

We will conduct an in-pew pledge process at all Masses next weekend and the following weekend. Please visit www.appeal.adw.org to donate online.

Thank you for your prayerful consideration and generous response.

FAITH FORMATION/ RELIGIOUS EDUCATION

Adult Confirmation

Registration and calendar are available on our website. The next session will be February 23. Please contact Judith Brusseau for more information.

Adult Faith Formation Winter Lecture Series Begins Today

Our Winter Lecture Series, “Living the Themes of Catholic Social Teaching,” kicks off February 5 at 10:10am in Trinity Hall. Fr. Kevin O’Neil, a Redemptorist priest, will present an Introduction to Moral Theology in the Catholic Tradition. This session examines some of these fundamental concepts in Catholic moral theology with a view toward understanding the responsible use of freedom empowered by the grace of God.

Join us February 12 for the second lecture in the series, Bioethical Challenges. New technologies and fundamental changes in the way we perceive basic human realities, fertility, conception and birth, death and dying, are dramatically altering the way we are born, live and die. Carol Taylor, Ph.D., RN explores some of the ethical issues surrounding these changes. Dr. Taylor is a senior clinical scholar in the Kennedy Institute of Ethics at Georgetown University and a Professor of Medicine and Nursing. Experienced in caring for patients who are chronically and critically ill and their families.

For more details on the Winter Lecture Series, please visit our website.

HOLY TRINITY SCHOOL

Holy Trinity School Gala

Saturday, April 1, Trinity Hall

Save the date! The Monte Carlo-themed event will feature cocktails, games, dinner, dancing and silent and live auctions.

Please consider supporting our school and community by becoming a sponsor or donating to the event. Guests love to bid on weekend getaways, sporting event tickets, concert tickets, gift certificates and electronics! If you have questions or would like to support the event, please contact Jennifer Touchette, jennifer.touchette@gmail.com

HOLY TRINITY LIFE

New Parishioner Orientation

All new members to the Parish are invited to our New Parishioner Orientation on Sunday, February 12 from 4-5:30pm in McKenna Hall. Children are most welcome and no RSVP is required. For more information, please contact Lisa Dittmeier at ldittmeier@trinity.org.

Help Wanted—Receptionist

Holy Trinity Parish is seeking a full-time receptionist Monday-Friday from 8:30-4:30pm who will provide general office support with a variety of clerical activities and related tasks. The receptionist will be responsible for welcoming visitors to the Parish Center, answering incoming calls, directing calls to appropriate staff, mail distribution and flow of correspondence, as well as additional clerical duties. Required skills: Microsoft Office. Submit cover letter and resume to agrady@trinity.org.

Holy Trinity Church and School staff and faculty receive the Commissioning Rite during the Catholic Schools Week Mass.
### Sunday, February 5, 2017

**FIFTH SUNDAY IN ORDINARY TIME**
Isaiah 58:7-10/1 Corinthians 2:1-5/Matthew 5:13-16

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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:10 AM</td>
<td>Religious Education Classes</td>
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<td>Assigned classroom</td>
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<tr>
<td>10:10 AM</td>
<td>Adult Education: Moral Theology</td>
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<td></td>
<td>Trinity Hall</td>
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### Monday, February 6, 2017

**MEMORIAL OF SAINT PAUL MIKI & COMPANIONS**
Genesis 1:1-19/Mark 6:53-56

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 PM</td>
<td>Evening Prayer for the Cheikho Family &amp; Refugees</td>
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<tr>
<td></td>
<td>Saint Ignatius Chapel</td>
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<tr>
<td>7:30 PM</td>
<td>Separated, Widowed and Divorced Group</td>
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<td>Neale Room</td>
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### Tuesday, February 7, 2017

**TUESDAY OF THE 5TH WEEK IN ORDINARY TIME**
Genesis 1:20-2:4a/Mark 7:1-13

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<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 PM</td>
<td>Rite of Christian Initiation for Adults (RCIA)</td>
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<td>Faber Room</td>
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### Wednesday, February 8, 2017

**WEDNESDAY OF THE 5TH WEEK IN ORDINARY TIME**
Genesis 2:4b-9, 15-17/Mark 7:14-23

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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:15 PM</td>
<td>Book Discussion Group</td>
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<td>McKenna Hall</td>
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### Thursday, February 9, 2017

**THURSDAY OF THE 5TH WEEK IN ORDINARY TIME**
Genesis 2:18-25/Mark 7:24-30

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>6:00 PM</td>
<td>Christian Meditation Group</td>
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<td>Saint Ignatius Chapel</td>
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<tr>
<td>7:00 PM</td>
<td>Job Seekers Support Group</td>
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<td></td>
<td>Georgetown Neighborhood Library (R &amp; Wisconsin Ave NW)</td>
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<tr>
<td>7:00 PM</td>
<td>Young Adult Community Faith Sharing</td>
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<td>Saint Ignatius Chapel</td>
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### Friday, February 10, 2017

**MEMORIAL OF SAINT SCHOLASTICA**
Genesis 3:1-8/Mark 7:31-37

### Saturday, February 11, 2017

**SATURDAY OF THE 5TH WEEK IN ORDINARY TIME**
Genesis 3:9-24/Mark 8:1-10

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<th>Time</th>
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<tbody>
<tr>
<td>7:30 AM</td>
<td>Zen Meditation</td>
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<td>Parish Center Upper Room <a href="mailto:rdruecker@aol.com">rdruecker@aol.com</a></td>
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<tr>
<td>9:00 AM</td>
<td>Peace Club</td>
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<td>Meet at the Church</td>
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<tr>
<td>9:30 AM</td>
<td>Smells &amp; Bells: Catholic Sacramental Imaginations</td>
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<td></td>
<td>Saint Ignatius Chapel</td>
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### Sunday, February 12, 2017

**SIXTH SUNDAY IN ORDINARY TIME**
Sirach 15:15-20/1 Corinthians 2:6-10/Matthew 5:17-37 or 5:20-22a, 27-28, 33-34a, 37

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:10 AM</td>
<td>Adult Education: Focus on Ethic Series</td>
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<td></td>
<td>Trinity Hall</td>
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<tr>
<td>10:10 AM</td>
<td>Children's Bible Story Hour</td>
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<td>Lower School Big Room</td>
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<tr>
<td>10:10 AM</td>
<td>Religious Education</td>
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<td>Assigned Classroom</td>
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<tr>
<td>4:00 PM</td>
<td>New Parishioner Orientation</td>
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<td>McKenna Hall</td>
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<tr>
<td>7:15 PM</td>
<td>Young Adult Community Mass</td>
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<td>Saint Ignatius Chapel</td>
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<tr>
<td>8:15 PM</td>
<td>Young Adult Community Café</td>
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<td>McKenna Hall</td>
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**Join us for coffee & fellowship every Sunday after the 9:00 AM and 11:30 AM Masses**

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**For texts of daily readings:** [www.usccb.org/bible/readings](http://www.usccb.org/bible/readings)  
**For audio recordings of daily readings:** [www.usccb.org/bible/readings-audio.cfm](http://www.usccb.org/bible/readings-audio.cfm)  
**For the most complete listing of parish events with event descriptions and contact information:** [www.trinity.org/calendar](http://www.trinity.org/calendar)  
**For information concerning liturgical colors:** [http://www.bostoncatholic.org/Being-Catholic/Content.aspx?id=11372](http://www.bostoncatholic.org/Being-Catholic/Content.aspx?id=11372)