



HOLY TRINITY CATHOLIC CHURCH

Washington, DC

July 30 & August 6, 2017

St. Ignatius Day—July 31

Ignatian Discernment: A Powerful Tool for Modern Day Decision-Making

In honor of St. Ignatius of Loyola's feast day on July 31, let us consider one of the gifts he gave us in his book, the *Spiritual Exercises*, and that is the process known as Discerning God's Will. David Lonsdale, S.J., a spirituality teacher at Heythrop College in London, provides a useful overview of what Ignatius had in mind. [1]

"Discernment of spirits is often associated with "finding the will of God" and there are difficulties about how we understand this. Sometimes people talk about the will of God or the plan of God as if it were a large, immensely complex, ever-changing, living blueprint of what God "wants" to happen in the world. According to this model, finding the will of God means something like getting in touch with that small corner of the immense celestial blueprint that concerns us, and getting to know "what God wants us to do," so that we can comply and thus "do the will of God." Of course that short description is a caricature to some extent, but it contains enough truth about the model that many people seem to use in thinking and talking about "the will of God." And unfortunately it is a powerful cause of anxiety to many good Christians who spend much time and effort trying to "find out" God's will according to this model, and who become very distressed and anxious when, not surprisingly, they do not succeed.

A more satisfactory understanding of the will of God in connection with the discernment of spirits gives greater value to our precious gift of freedom. God's will for us is that we should learn to respond in freedom to God's love for us, and to give shape to our individual and common lives in freedom by the choices that we make. In scripture, tradition, the Church, our own consciences and powers of judgment, and in many other gifts, God has given us aids to the responsible exercise of our freedom. God's will is that we should exercise our freedom responsibly and well by choosing what honestly seems the best course of action in a given set of circumstances, using all the relevant aids that we have been given for that purpose. There is no blueprint in God's mind with which we have to comply. Discernment of spirits, within a living relationship with God, is one of the gifts that we have been given to help us to exercise our freedom in the choices that we make and so come to "find the will of God for us."

As Matt Emerson noted in *America*, the fruits of discernment usually don't arrive immediately, and it's rare that we experience a voice from a burning bush. Discernment involves prayerfully stepping back from daily obligations and asking God for a sense of the whole, a sense of where the spirit is moving, a sense of peace and consolation amidst turmoil. When we discern, we try to look at our lives with the long view in mind rather than fleeting needs, hoping to find an authentic, life-giving path of freedom.[2]

[1] David Lonsdale, *An Ignatian Spirituality Reader*, George W. Traub, SJ editor, Loyola Press, 2008, page 173, used with permission.

[2] Matt Emerson, *America*, Nov. 26, 2014, www.americamagazine.org, used with permission.



MAIN CHURCH
36th Street, between
N and O Streets, NW
Washington, DC 20007

PARISH CENTER
3513 N Street, NW
Washington, DC 20007
202-337-2840



www.trinity.org



/HolyTrinity
CatholicChurch



@HolyTrinityDC

Curious about the Spiritual Exercises?

Please join us at an upcoming Ignatian Information Session. No registration required!

Monday, **August 21**, 6:30pm, Chapel

Saturday, **August 26**, 9am, Chapel

Saturday, **September 9**, 4pm, Chapel

Sunday, **September 10**, 4pm, Chapel

Email moshea@trinity.org for more information

MISSION STATEMENT

We are a Jesuit Catholic parish that welcomes all to:

Accompany one another in Christ
Celebrate God's love
Transform lives

PARISH CENTER

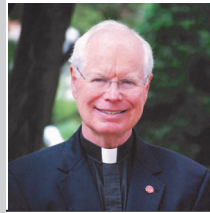
Phone: 202-337-2840 **Fax:** 202-337-9048

Hours: Mon-Thur: 8:30am-7:30pm; Fri: 8:30am-12pm through August 25; Sat & Sun: No receptionist on duty, but the parish center is accessible during mass times.

Emergencies Only: 202-903-2817

JESUIT STAFF & PARISH DEPTS

Pastor	Kevin Gillespie, S.J. 202-903-2800	kgillespie@trinity.org
Associate Pastor	Paul Campbell, S.J. 202-903-2832	pcampbell@trinity.org
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Executive Asst./ Parish Life	Lisa Dittmeier 202-903-2801	ldittmeier@trinity.org
Communications	Karelia Pallan 202-903-2837	kpallan@trinity.org
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Human Resources	Angela Grady 202-903-2803	agrady@trinity.org
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Music Ministry	Kathleen DeJardin 202-903-2805	kdejardin@trinity.org
Social Justice	Kate Tromble 202-903-2809	ktromble@trinity.org
Worship & Liturgy	David Pennington 202-903-2804	dpennington@trinity.org
Young Adult Comm. (YAC)	Catherine Heinhold 202-903-2819	cheinhold@trinity.org
Youth Ministry	Sara Seligmann 202-903-2814	sseligmann@trinity.org



From the Pastor's Desk

It is one of the ironic traditions of the Catholic Church that a saint's feast day is usually celebrated on the day he or she died. Of course, the tradition is based on our belief that one's death is the beginning of new life. The feast of St. Ignatius of Loyola, which Jesuits and our plethora of colleagues throughout the world are celebrating, is July 31. The date is due to the fact that our founder died in Rome on July 31, 1556.

At the time of Ignatius's death, there were more than 1,000 Jesuits spread to the far corners of the world. Ignatius's apostolic imagination and those of the early Jesuits was formed by the innovations of the Renaissance and shaped in the crucible of the Reformation's religious antagonisms. In the 21st Century, the many men and women whose apostolic energies are informed by the Ignatian imagination are not only invited to be innovative, but also challenged to respond to a world filled with antagonisms both locally and globally.

Today, Jesuit priests and brothers number more than 16,000 in 83 regions, or, as we call them, "provinces," sprinkled throughout the world. There are presently five Jesuit provinces in the United States: the Northeast Province, the Maryland Province, the Midwest Province, the Central and Southern Province and the Western Province. The Maryland Province sponsors Holy Trinity, along with eight other parishes, two retreat centers, five universities, five high schools and several other institutions.

To get a glimpse of the many activities of Jesuit sponsored programs in our world, I invite you to visit some of our websites. The website of our Jesuit Curia in Rome (www.sjweb.info) will provide you with some of the amazing Ignatian happenings around the globe. Similarly, the Society of Jesus website (www.jesuits.org) provides the viewer with some of the activities promoted by Jesuits and our colleagues in North America. In the Jesuit Post (www.thejesuitpost.org), younger Jesuits in their religious formation provide their perspectives of current events. Other informative Jesuit websites include one about the happenings around the Maryland Province (www.mdsj.org), another one dedicated to Jesuit higher education (www.ajcunet.edu), and one focused upon Jesuit secondary and elementary schools (www.jesuitschoolsnetwork.org). Holy Trinity School is represented in this website.

American Magazine's website (www.americamagazine.org) serves as a multifaceted resource for understanding contemporary concerns. Last, but by no means least, there is a website that informs the world of the daily activities of one particular Jesuit: I mean, of course, the Vatican website (w2.vatican.va), which highlights the ecclesiastical works of Pope Francis, a son of Ignatius, as he lives out Ignatius's apostolic imagination for the 21st Century Catholic Church.

Rev. C. Kevin Gillespie, S.J.

Daily Mass Intentions

Week of July 31-August 5

Monday	7:00am	
	8:00am	Jim Richeson+
	5:30pm	Grant Clifton+
Tuesday	7:00am	
	8:00am	Patricia Busch+
	5:30pm	Mary T. O'Malley+
Wednesday	7:00am	Barbara Moody+
	8:00am	
	5:30pm	
Thursday	7:00am	
	8:00am	Phyllis Anne O'Callaghan+
	5:30pm	
Friday	7:00am	
	8:00am	
	5:30pm	Jean Haughton+
Saturday	8:00am	

Week of August 7-12

Monday	7:00am	
	8:00am	Lilia Pierce+
	5:30pm	Danny de La Fuente
Tuesday	7:00am	
	8:00am	Col. James Miller+
	5:30pm	
Wednesday	7:00am	Arthur Alatoginis+
	8:00am	
	5:30pm	
Thursday	7:00am	Hannelore Emig+
	8:00am	
	5:30pm	
Friday	7:00am	
	8:00am	
	5:30pm	Kenneth & Delores Bellis+
Saturday	8:00am	John & Mary McAuliffe+

Pray for those who are sick:

William Fashouer; Molly Palmer

Pray for those who are dead:

Margaret Suter; Ruth Fouche

SACRAMENTS

Mass Schedule (Check bulletin or website for Holy Days)

Weekdays: 7am, 8am & 5:30pm in the Chapel (on N St.)

Note: Chapel is open on weekdays between Masses.

Saturday: 8am — Chapel; 5:30 pm Vigil — Church

Sunday: 7:30am, 9:30am, 11:30am, 1:15pm & 5:30pm

Sacrament of Reconciliation

Every Saturday from 4:30pm—5:15pm or by appointment

Sacrament of the Sick

Communal anointing is celebrated on the first Wednesday of the month at 7pm in the St. Ignatius Chapel. Call the Parish to request the sacrament at home or in the hospital.

Baptisms and Weddings:

- To schedule a Baptism or Wedding, contact Helene Flanagan, 202-903-2806 or hflanagan@trinity.org
- To register for the preparation process, see next item.

Sacramental Preparation:

Persons desiring to receive certain sacraments at Holy Trinity need to be registered parishioners and are expected to participate in a preparation program. For more information or to register, contact the appropriate staff person:

- Infant Baptism: readmin@trinity.org, 202-903-2808
- First Reconciliation: Judith Brusseau, 202-903-2807
- First Eucharist: Judith Brusseau, 202-903-2807
- Marriage Preparation: readmin@trinity.org, 202-903-2808
- Adult Initiation (RCIA): Anne Koester, 202-337-2840 x128
- Children's Initiation (RCIA): Judith Brusseau, 202-903-2807
- Adult Confirmation: Judith Brusseau, 202-903-2807
- Youth Confirmation: Sara Seligmann, 202-903-2814

NEW PARISHIONER REGISTRATION

Welcome to Holy Trinity! We invite you to join our parish. You may register at www.trinity.org/register. Questions about registering can be directed to registration@trinity.org.

New parishioner orientations are held several times throughout the year. See the bulletin, eLetter and website for announcement of dates and times.

RITE OF CHRISTIAN INITIATION OF ADULTS

The Rite of Christian Initiation of Adults (RCIA) is a process of conversion and faith formation for individuals who are interested in living the Christian life in the Catholic tradition. Those who want to learn more about the possibility of becoming Catholic are welcome to come to the Inquiry meetings held every Tuesday evening at 7pm in the Faber Room, Holy Trinity Parish Center. Please contact Anne Koester akoester@trinity.org for more information or visit our website.

PARISH PASTORAL COUNCIL (PPC)

PPC members share leadership responsibility with our pastor. As advisors to the pastor, PPC members assist the pastor in discerning, articulating and communicating to other parishioners the identity and mission of the parish, and they assist the pastor in assuring fidelity to that identity and mission.

President	Kirk Willison	ppcpresident@trinity.org
Vice President	Cecilia Boudreau	parishcouncil@trinity.org

WORSHIP

Remembering Leo Murray, S.J.

Leo Murray, S.J. is remembered as a priest who administered the sacraments in such a way that reflected the intimate relationship he had with Christ, offered the full Spiritual Exercises in daily life, and gave individual spiritual direction to many who came to him. Sunday homilies given by Fr. Murray during his time at Holy Trinity are now available online at www.trinity.org/murray-homilies

IGNATIAN SPIRITUALITY

Young Married Couples Faith Sharing & Fellowship

Young married couples (married less than 10 years) are invited to gather to pray and reflect on your faith life as a married couple on Saturday, **August 26** from 4-5pm in McKenna Hall. A program for young children (infant to 6 years) is provided in the adjacent room. RSVP to Catherine Heinhold at isadmin@trinity.org and include the names and ages of any children who will join the children's program.

Explore & Discern

Are you feeling drawn to the ministry of spiritual direction or spiritual companioning? A seminar is available **January-May 2018** for those interested in exploring desires and abilities and discerning if indeed God is calling for further formation. Brochures are available at the back of the church or online at www.trinity.org/spirituality-ignatian. Applications must be submitted by **October 15**. The program was created and is sponsored by Holy Trinity parishioners' generous contributions to the Capital Campaign. For more information, contact Martina O'Shea at 202-903-2810 or moshea@trinity.org.

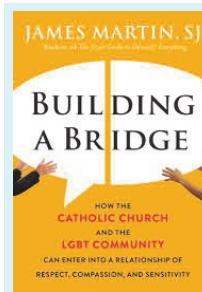
RELIGIOUS EDUCATION/ FAITH FORMATION

VIRTUS Training

Thinking of being a classroom chaperone for field trips, coaching for CYO teams or serving as a catechist? Holy Trinity will offer the Archdiocesan Protecting God's children training **September 17** at 12pm in Trinity Hall. Please visit www.VIRTUS.org to register for a VIRTUS account and select Holy Trinity (118) for this session. Sign up early to secure your place!

Holy Trinity Parents of Young Children

The Holy Trinity Parents of Young Children (HT-PYC) is a community for parents of young children (infant to 5 years). Our activities are a mixture of social and faith-based education. If you are interested in joining this group, please contact Judith Brusseau, jbrusseau@trinity.org.



Building a Bridge

Mark your calendar for a discussion with James Martin, S.J. on his latest book, *Building a Bridge*, on **September 30** at 10am in Trinity Hall.

SOCIAL JUSTICE

2017 Tithe Grants Awarded

Since the 1980s Holy Trinity Catholic Church has committed ten percent of parishioners' regular collections –the tithe– to its ministry of social justice. The tithe program seeks to address root causes of social justice issues both locally and within the global community. We accomplish this in collaboration with members of the parish through prayer and discernment and by giving our time, talents and resources to vulnerable communities. This concrete and ongoing commitment to social justice distinguishes Holy Trinity, and the careful and transparent distribution of tithe monies is an important responsibility of the Social Justice Committee. The tithe program is organized around the ways in which Holy Trinity supports vulnerable communities, specifically: Catholic education for low-income students; advocacy; direct service; sister parishes; and parish ministries.

Three years ago, the parish decided to maintain these categories of giving, but to consolidate its direct service grants. This allows the parish to carve out sufficient funds each year to award two or three grants large enough to address the root causes of social justice problems and have significant social justice impact. In 2017-18, large grants from Holy Trinity will allow:

St. Jean Baptiste, our sister parish in Haiti, to install a solar electrical system and 24 work stations so that its secondary school students can have working access to computers and the Internet (\$48,000);

Bright Beginnings' workforce development program to help 145 homeless parents with children develop and carry out individual education and career plans (\$47,500);

So Others Might Eat (SOME) to expand its job training program to include Medical Assistant and Heating, Ventilation, and Air Conditioning offerings and serve an additional 80 people each year (\$47,500);

Mary House to offer sanctuary and support services to immigrants and refugees traumatized by the deportation policies of the current administration (\$7,000); and

Caritas Syria to respond to the lifesaving needs, including education and psychosocial support, of internally displaced persons and returnees in Aleppo (\$5,000).

PARISH LIFE

Register for Camp Trinity

Camp Trinity is a weekend of enriching our faith through fellowship, prayer and activities. This year, the theme is “All are Welcome,” and the camp will take place **September 22-24** at the Shrine Mont retreat center, nestled in the foothills of the Blue Ridge Mountains in Shenandoah. Youth ministry chaperones/volunteers will be leading teen-specific activities in addition to joining in certain activities with the Camp Trinity parish community. Past youth activities have included night hikes and s’mores at the fire pit. Teens are encouraged to bring friends. Learn more and register at www.trinity.org/camp.

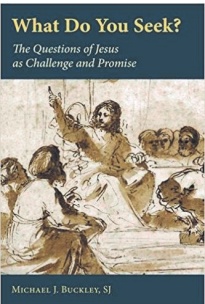
Parish Connections: Nationals vs. Phillies



Watch the Nats vs. the Phillies with Holy Trinity parishioners Saturday, **September 9** at 7:05pm. Family and friends are welcome! Tickets are \$10. To purchase tickets in our group section please visit www.trinity.org/nationals.

Summer Reading Recommendations

What do you Seek? The Questions of Jesus as Challenge and Promise by Michael J. Buckley, S.J.

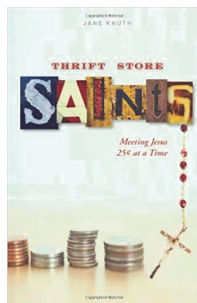


In this book, Father Michael Buckley ponders fourteen questions that Jesus asks in the Gospel of John, such as, “What do you seek?”, “Simon, Son of John Do You Love Me?”, “Shall I Not Drink the Cup Which the Father Has Given Me?” Father Buckley’s meditations resonate with the sentiments of Rabbi Abraham Joshua

Heschel, who said, “We are closer to God when we are asking questions than when we think we have the answers.” Spend time with these questions of Jesus and be challenged and renewed in your relationship with him.—Suggested by Martina O’Shea, Pastoral Associate for Ignatian Spirituality

Thrift Store Saints: Meeting Jesus 25¢ at a Time by Jane Knuth

The book is a collection of true stories based on Jane Knuth’s experiences serving the poor at a St. Vincent de Paul thrift store in the inner city of Kalamazoo, Michigan. —Suggested by Kate Tromble, Pastoral Associate for Social Justice



Living Our Mission

Looking for ways to support the mission of Holy Trinity? There are many opportunities to “accompany, celebrate and transform” across our ministries. Below are needs and opportunities available now. Please reach out to individual ministry leaders for more information on how you can get involved.

Classroom Prayer Table Coverings Needed

Sunday Morning Faith Formation classes use each classroom in Holy Trinity School. We have designed a “Prayer Center” to serve as a focal point for the weekday classroom as well as Sunday morning. We need 25 cloths by **September 1**. Details are available on our website www.trinity.org/faith-formation.

Catechists Needed!

To accommodate the number of children who have registered, we need volunteers at all grade levels. We offer catechetical support as well as many opportunities to share with other catechists. Please contact May Tull REK6@trinity.org or Judith Brusseau at jbrusseau@trinity.org.

7:30am Mass Community

We are looking for a few people to help organize the monthly after-Mass coffee. Volunteers share months. It is an easy way to promote community and friendship within our 7:30am Mass group. Contact Rose Mary Padberg at rmpadberg@verizon.net if you are willing to help.

Looking for Frequent Flyer Miles

Delegations from Holy Trinity will be representing Holy Trinity in El Salvador, Haiti and at the US-Mexico border in the coming year. To make these trips more available to parishioners, we are seeking frequent flyer miles or other support for our travelers. Please contact Margie Legowski at mjlegowski@gmail.com for details.

Coffee and Donuts on Sundays

We still need volunteers to set up our coffee and donuts fellowship in McKenna after the 9:30am and 11:30am Masses. Please contact Lisa Dittmeier at ldittmeier@trinity.org for more information.

Volunteer with our Youth

We have many opportunities for volunteers. Visit www.trinity.org/youth for information about our programs. We are actively recruiting for our Confirmation program (begins in December) and Koinonia, a youth group/small group program (begins in September).

Thank You!

Sunday, July 30, 2017**SEVENTEENTH SUNDAY IN ORDINARY TIME**

1 Kings 3:5, 7-12/Romans 8:28-30/Matthew 13:44-52 or 13:44-46

Welcome Sunday

*At all Masses
Special Collection for Diocese of Ngong, Kenya*

Monday, July 31, 2017**MEMORIAL OF SAINT IGNATIUS OF LOYOLA**

Exodus 35:15-24, 30-34/Matthew 13:31-35

Tuesday, August 1, 2017**MEMORIAL OF SAINT ALPHONSUS LIGUORI**

Exodus 33:7-11; 34:5b-9/Matthew 13:36-43

7:00 PM Rite of Christian Initiation for Adults (RCIA)

Faber Room

7:30 PM Separated, Widowed & Divorced Group Meeting

Neale Room

Wednesday, August 2, 2017**WEDNESDAY OF THE 17TH WEEK IN ORDINARY TIME**

Exodus 34:29-35/Matthew 13:44-46

7:00 PM Taize Prayer with Anointing of the Sick

Saint Ignatius Chapel

Thursday, August 3, 2017**THURSDAY OF THE 17TH WEEK IN ORDINARY TIME**

Exodus 40:16-21, 34-38/Matthew 13:47-53

6:00 PM Christian Meditation Group

Saint Ignatius Chapel

6:00 PM Iconographers Guild

Parish Center Library

7:00 PM Young Adult Faith Sharing

Saint Ignatius Chapel

Friday, August 4, 2017**MEMORIAL OF SAINT JOHN VIANNEY**

Leviticus 23:1, 4-11, 15-16, 27, 34b-37/Matthew 13:54-58

4:30 PM First Friday Eucharistic Adoration

Saint Ignatius Chapel

Saturday, August 5, 2017**SATURDAY OF THE 17TH WEEK IN ORDINARY TIME**

Leviticus 25:1, 8-17/Matthew 14:1-12

7:30 AM Zen MeditationParish Center Upper Room rdruecker@aol.com**Sunday, August 6, 2017****FEAST OF THE TRANSFIGURATION OF THE LORD**

Daniel 7:9-10, 13-14/2 Peter 1:16-19/Matthew 17:1-9

10:30 AM So Others Might Eat Meal Service

71 O Street, NW

*At all Masses
Second Collection for Catholic Communications &
Human Development*

Monday, August 7, 2017**MONDAY OF THE 18TH WEEK IN ORDINARY TIME**

Nehemiah 11:4b-15/Matthew 14:13-21

Tuesday, August 8, 2017**MEMORIAL OF SAINT DOMINIC**

Nehemiah 12:1-13/Matthew 14:22-36 or 15:1-2, 10-14

7:00 PM Rite of Christian Initiation for Adults (RCIA)

Faber Room

7:30 PM Separated, Widowed & Divorced Group Meeting

Neale Room

Wednesday, August 9, 2017**WEDNESDAY OF THE 18TH WEEK IN ORDINARY TIME**

Nehemiah 13:1-2, 25-14:1, 26-29a, 34-35/Matthew 15:21-28

Thursday, August 10, 2017**FEAST OF SAINT LAWRENCE**

2 Corinthians 9:6-10/John 12:24-26

6:00 PM Christian Meditation Group

Saint Ignatius Chapel

7:00 PM Young Adult Faith Sharing

Saint Ignatius Chapel

Friday, August 11, 2017**MEMORIAL OF SAINT CLARE**

Deuteronomy 4:32-40/Matthew 16:24-28

Saturday, August 12, 2017**SATURDAY OF THE 18TH WEEK IN ORDINARY TIME**

Deuteronomy 6:4-13/Matthew 17:14-20

7:30 AM Zen MeditationParish Center Upper Room rdruecker@aol.com**Sunday, August 13, 2017****NINETEENTH SUNDAY IN ORDINARY TIME**

1 Kings 19:9a, 11-13a/ Romans 9:1-5/Matthew 14:22-33

*At all Masses
Non-perishable Food Drive for Fr. McKenna Center*