

# SAINT REFLECTION

Due: January 25, 2017



## History behind the Confirmation Name

The tradition of selecting a saint's name for Confirmation grew out of a pre-Vatican II practice that asked Confirmandi to select a Saint's name to be invoked during the Rite of Confirmation. Some of your parents and grandparents may have been required to do this. However, since Vatican II, this practice is no longer a requirement of the Rite of Confirmation. The Church invites Candidates to keep the name given to them at Baptism.

The Church strongly suggests that you use the name your parents gave to you at Baptism. The reason is that Confirmation is the fullness or completion of the Sacrament of Baptism. Neither the Rite of Confirmation nor the Code of Canon Law – at any point before or after Vatican II - refers to the process of selecting another name for Confirmation.

The Rite simply refers to the candidate being “called by name.” The presumption is that the Candidate is called by the name given at the time of Baptism. The Baptismal promises your parents made on your behalf when you were a baby are renewed at Confirmation.

## The Saint Reflection

Whatever name you decide, your own name or that of a favorite saint, we ask that you explore how this holy person, this saint, offers you witness to walk more closely with Christ during the Confirmation preparation process.

Find out if you were named after a beloved family member or favorite saint; or, research the roots of your name as a derivative of a Christian name.

## Confirmation Name

If you intend to take another name for Confirmation, state it explicitly in your reflection:

1. For Confirmation, I am taking the name of ... because **OR**
2. For Confirmation, I am affirming my Baptismal name of ... because

## Guidelines for writing your Saint Reflection (1 page)

- Start with: For Confirmation I am taking/affirming the name...
- Provide a brief summary of their life. (1 paragraph maximum)
- Why did you select this Catholic saint?
- **How can the life of this saint be a model of faith and commitment to you throughout the Confirmation process?**
- Please – do your best to write a genuine, reflective, original work – not a cut and paste job off the internet.

## How to Send:

- 1) **Preferred Method:** Email reflection in the body of the email to [sseligmann@trinity.org](mailto:sseligmann@trinity.org)  
**Subject line: Saint Reflection for “Candidate Name”**  
Good grammar and writing style are expected. PDFs are acceptable. **Avoid Word attachments or other formats**
- 2) **Drop off** in the RE Resource office/Upper School Cafeteria-open every Sunday
- 3) **Mail** to HT Attn: Confirmation- Saint Reflection