

THE ABCs of CAMP TRINITY 2017

Greetings from the Camp Trinity Committee! We are delighted you are going to be with us! To help you get ready to fully enjoy Camp Trinity, here is some helpful information about what to bring and what to expect. When you check in at Shrine Mont, you will receive nametags and a packet of information which includes details about the weekend.

GETTING TO CAMP TRINITY/SHRINE MONT

Directions From the Washington metro area, Follow Interstate 66 West (Take advantage of the HOV-2 carpool lanes 2:00pm to 8:00pm) to I-81 South to Exit #273 (Mt. Jackson). Turn RIGHT onto Mt. Jackson Rd. (Rt. 703). Continue about 1.3 miles. Turn LEFT onto S. Middle Road (Rt. 614). Continue about 1 mile. Turn RIGHT onto the Orkney Grade (Rt. 263). Continue approximately 11 miles to Shrine Mont in Orkney Springs.

FRIDAY AFTERNOON AND NIGHT Check-in is at the registration desk in the lobby of Virginia House. Please **CHECK IN BEFORE DOING ANYTHING ELSE!** Drop off your snack donation upstairs in the Hospitality Room. Don't be surprised not to be given a room key. Shrine Mont does not provide room keys as doors are not locked.

Dinner is a cold meal that will be available in the dining room on the 2nd floor in Virginia House from 5:30-7:00pm or until it is gone. If you know you will arrive after 7:00 pm, you should plan to get some dinner along the way. There are fast food restaurants off I-81 South at exit 273.

Please let us know if you will not be at dinner on Friday or if you will be arriving after 9:00 p.m. so we don't worry. The main number for Shrine Mont is 540-856-2141.

NAME BADGES Everyone will be given a badge with his/her name on it. Please wear your badge all weekend. Children through the 8th grade are required to wear their badges.

WHAT TO PACK The weather is always an iffy thing in the mountains this time of year. We suggest layers, jackets, rain gear (although we rarely need it!) and shoes/boots. If you like to exercise, pack your gym clothes, exercise mats, etc. and sprawl out in the Hospitality Rm before the day starts. Tennis courts are also available.

BATH AND BED LINENS Shrine Mont provides pillows, blankets, sheets and towels, which are serviceable but not luxurious. You may want to bring a favorite pillow. Rooms are heated and fans are provided. Shrine Mont bath towels are small so if you want a larger size, or if the forecast is rainy, bring extras from home.

DRESS Dress casually and be prepared for weather changes. Nights can be cool at Shrine Mont. For families with children, bring extra clothes and shoes. Salamander hunting is contagious if you don't mind getting muddy and wet, so some people pack rain boots or water shoes. Bring your fishing gear. Fishing is allowed at the lake.

The weather at Shrine Mont is not necessarily the same that we have here in the DC area, so it may be warm, cool, sunny or rainy. Come prepared for anything! To check the forecast, visit <http://www.weather.com> using zip code 22845.

IF THIS IS YOUR FIRST CAMP TRINITY Camp Trinity is where people come get to know each other better. There is a newcomers' reception Friday night in the Virginia House in the Hospitality Rm on the 2nd floor this year. If you have a bottle of wine you enjoy and would like to share or a specialty drink please feel free to do so, cups and bottle openers will be provided. We hope you have many, many opportunities for all age levels to make new friends.

KIDS ACTIVITIES Camp Trinity provides lots of outlets for our kids to explore and be creative. If you have young kids and they are going to be doing the activities, please make sure to sign them in when you get there. We as a community do help watch over all the little ones, but it is helpful for us to know when one has gone back to their parents or is going to play outside. As Jesus told us we are all shepherds of his children, and we at Camp Trinity strive to show this.

ADULT MINISTRY Camp Trinity also provides a wonderful time for adults to share and minister to each other. Lucy Hogan and Kevin Hogan will help us explore how we can live through the Pope's teachings in the theme of "All Are Welcome." Please feel free to come, explore, and share in our community as we embrace this topic and use the information we gain to strengthen us to become more merciful Christians.

MUSIC MINISTRY There are non-Eucharistic liturgies each day, as well as Mass on Sunday morning. We encourage the entire Camp Trinity community to participate. It's a great way to get to know people! Those who want to sing or play an instrument should be prepared to attend rehearsals before each of the liturgies.

VOLUNTEER ASSIGNMENTS Camp Trinity works because we all pitch in. As an all volunteer-run event, every adult is expected to donate at least one hour over the weekend. You should receive an automatic reminder from SignUp Genius before leaving for the weekend, but an alphabetical listing of volunteer assignments will be posted in the Virginia House lobby.

Due to unforeseen last minute cancellations, the timing of your volunteer assignment might change slightly. Please consult the Volunteer Assignments List posted on the bulletin board as you check in on Friday. If you are unable to fulfill your assignment, please try to switch with someone or find a substitute. For many programs, particularly children's activities, we rely on volunteers for safety and programming success.

SNACKS AND DRINKS FOR THE HOSPITALITY ROOM Snacks and drinks are available throughout the weekend (except during meals and liturgies) in the Hospitality Room on the second floor of Virginia House (the main building). Each household is asked to bring enough snacks and drinks to share. No microwave or refrigeration is available.

The following are foods that have proved popular with our campers: Fruit rollups; candy corn; small boxes of raisins; M & Ms (individual bags), grapes (washed) as well as other fruit such as bananas, apples, and plums; granola bars; Cheez-Its; Goldfish; Rice Krispies treats; Oreos & other cookies (store-bought and homemade); cheese/string cheese; pretzels; chips; juice boxes; soft drinks; or anything else your family enjoys as snacks. If you or your family members are

soda drinkers, please be sure to bring some of your favorite to drink and some to share. There is also a soda machine near Virginia House. Fresh Orkney Spring water will be in the lobby throughout the day, and **we encourage you to bring your own refillable water bottle**. Hot chocolate, coffee and tea are also available in the Virginia House lobby throughout the day.

Note: Simple breakfast foods (cereals, milk, bananas, bread, peanut butter and jelly) will be available from 6:45-8:00 AM for those tiny tots who have trouble waiting for the Shrine Mont breakfast times. Peanut butter and jelly are also provided in the dining room at all meals.

There will be a wine “*Welcome Celebration*” adult social hour in the Hospitality Room in the Virginia House Friday and Saturday evenings at 8:30.

FIRST AID AND EMERGENCIES First aid supplies are available at the Registration Desk in the Virginia House lobby. There are often medical personnel among the campers. They are available for assistance, if necessary. If you need medical help, please ask any of us and we will try and help. Remember to bring along any medications you need! The nearest hospital is in Harrisonburg, but there is a fire station with EMT staff a half-mile from Shrine Mont. In an emergency, contact the Shrine Mont office immediately so that they can call 911 (mobile phone usage is spotty at best). If you need to leave emergency contact information at home, the Shrine Mont office number is (540) 856-2141 and the e-mail address is shrine@shentel.net.

CHECKING OUT Checkout time for Shrine Mont is 11:00 AM on Sunday, so plan on having your rooms cleared out before Mass. All campers are expected to strip their beds (leave at the foot of the bed, but don't stuff the sheets in the pillowcase) and remove personal items from the rooms by that time.

LOST AND FOUND When packing up to leave Shrine Mont, please take all your belongings. Check the front desk in Virginia House for any misplaced belongings (especially children's jackets, etc) that may have been found and turned in by someone. If you leave anything behind, “lost and found” items will be displayed on a table at the McKenna Center donuts/coffee/fellowship hour following the 9 AM Mass the next Sunday.

TIPS FOR SHRINE MONT STAFF You will find a tip box on a table near the door of the Dining Room. Please consider tipping the Shrine Mont staff before you leave.

Can't wait to see you at Shrine Mont!

Camp Trinity 2017 Planning Committee

Rob Johansson, robc.johansson@gmail.com

Sarah Babson, sarah.babson@verizon.net

Valerie Brennan, vkbrenn@yahoo.com

Annette Hennessey, annettehennessey@yahoo.com

Barbara Perez, barbzientek@starpower.net

Kathy & Paul Ravenscroft, ravencook915@msn.com

Marylou Sheils, mlousheils@gmail.com

Jill Board jjtitone@aol.com

Heidi Settle hsettle@hotmail.com

Meg McCarthy meg.mccarthy@wccbethesda.com

Marcia Thessin mthessin@me.com