

THE ABCs of CAMP TRINITY 2016

Greetings from the Camp Trinity Committee! We're delighted you'll be joining us. To help you get ready to fully enjoy Camp Trinity, here is some information. When you check in at Shrine Mont, you'll receive nametags and more details about the weekend.

GETTING TO CAMP TRINITY/SHRINE MONT

Directions from the D.C. metro area: Follow Interstate 66 West (take advantage of the HOV-2 carpool lanes 2:00 pm to 8:00 pm) to I-81 South to Exit #273 (Mt. Jackson). Turn RIGHT onto Mt. Jackson Rd. (Rt. 703). Continue about 1.3 miles. Turn LEFT onto S. Middle Road (Rt. 614). Continue about 1 mile. Turn RIGHT onto the Orkney Grade (Rt. 263). Continue approximately 11 miles to Shrine Mont in Orkney Springs.

FRIDAY AFTERNOON AND NIGHT Check-in is at the registration desk in the lobby of Virginia House (the main building). Please **CHECK IN BEFORE DOING ANYTHING ELSE!** Drop off your snack donation upstairs in the Hospitality Room. Don't be surprised not to be given a room key. Shrine Mont does not provide room keys as doors are not locked.

Dinner is a cold meal that will be available in the dining room on the 2nd floor in Virginia House from 5:30-7:00 pm or until it is gone. If you expect to arrive after 7:00 pm, plan to get some dinner along the way. There are fast food restaurants off I-81South at exit 273.

Please let us know if you will not be at dinner on Friday or if you'll be arriving after 9:00 p.m. so we don't worry. The main number for Shrine Mont is 540-856-2141.

NAME BADGES Everyone will receive a name badge. Please wear your badge all weekend. Children through the 8th grade are required to wear their badges.

WHAT TO PACK The weather is iffy in the mountains at this time of year—and not necessarily the same that we have in the DC area. To check the forecast, visit <http://www.weather.com> using zip code 22845. Here are packing tips.

Bath and bed linens. Shrine Mont provides pillows, blankets, sheets and towels—all serviceable but not luxurious. You may want to bring a favorite pillow. Rooms are heated, and fans are provided. Shrine Mont bath towels are small so if you want a larger size, or if rain is in the forecast, bring extras.

Clothing. Dress casually and be prepared for weather changes. Nights can be cool at Shrine Mont. We suggest layers, jackets, rain gear (although we rarely need it!) and shoes/boots. If you like to exercise, pack your gym clothes, exercise mats, etc. Interval training and yoga are available. Tennis courts are also available.

Families with children. Bring extra clothes and shoes. Salamander hunting is contagious if you don't mind getting muddy and wet, so some people pack rain boots or water shoes. Bring your fishing gear. Fishing is allowed at the lake.

IS THIS YOUR FIRST CAMP TRINITY? Camp Trinity is where people come get to know each other better. You've probably already heard from Kathy and Paul Ravenscroft, whose goal is to make you feel at home at Camp Trinity. There is a newcomers' reception Friday night in the Virginia House lobby and this year, we'll have a special newcomers table at Saturday breakfast. We hope you have many opportunities to make new friends.

CALLING ALL MUSICIANS! There are non-Eucharistic liturgies each day, as well as Mass on Sunday morning—all of which involve music. We invite the entire Camp Trinity community to participate. The music ministry is a great way to get to know people. Those who want to sing or play an instrument should be prepared to attend rehearsals before each of the liturgies.

VOLUNTEER ASSIGNMENTS Camp Trinity works because we all pitch in. As an all volunteer-run event, every adult is expected to donate at least one hour over the weekend. You will receive a SignUp Genius to sign up to volunteer. An alphabetical listing of volunteer assignments will be posted in the Virginia House lobby.

Due to unforeseen last minute cancellations, the timing of your volunteer assignment might change slightly. Please consult the Volunteer Assignments List posted on the bulletin board as you check in on Friday. If you are unable to fulfill your assignment, please try to switch with someone or find a substitute. For many programs, particularly children's activities, we rely on volunteers for safety and programming success.

SNACKS AND DRINKS FOR THE HOSPITALITY ROOM Snacks and drinks are available throughout the weekend (except during meals and liturgies) in the Hospitality Room on the second floor of Virginia House. Please bring snacks and drinks to share. No microwave or refrigeration is available.

Popular foods. Fruit rollups; small boxes of raisins; M & Ms (individual bags); grapes (washed) as well as other fruit such as bananas, apples, and plums; granola bars; Cheez-Its; Goldfish; Rice Krispies treats; Oreos & other cookies (store-bought and homemade); cheese/string cheese; pretzels; chips; juice boxes; soft drinks; or any other snacks your family enjoys. If you or your family members drink soda, please bring some to drink and some to share. There is also a soda machine near Virginia House.

Bring your water bottle and mug. Fresh Orkney Spring water will be in the lobby throughout the day. Hot chocolate, coffee, and tea will also be available in the Virginia House lobby throughout the day.

Happy hour. There will be a wine “pot luck” adult social hour in the living room in Maryland House Friday and Saturday evenings at 8:30 pm.

Note: Simple breakfast foods (cereals, milk, bananas, bread, peanut butter and jelly) will be available from 6:45-8:00 am for those tiny tots who have trouble waiting for the Shrine Mont breakfast times. Peanut butter and jelly are also provided in the dining room at all meals.

FIRST AID AND EMERGENCIES First aid supplies are available at the front desk in the Virginia House lobby. In addition, there are often medical personnel among the campers. If you need medical help, Cathy Quinn will know where medical help is available.

Remember to bring along any medications you need! The nearest hospital is in Harrisonburg, but there is a fire station with EMT staff a half mile from Shrine Mont.

In an emergency, contact the Shrine Mont office immediately so that they can call 911 (mobile phone usage is spotty at best). If you need to leave emergency contact information at home, the Shrine Mont office number is (540) 856-2141 and the e-mail address is shrine@shentel.net.

CHECKING OUT Checkout time for Shrine Mont is 11:00 am on Sunday, so plan on clearing out of your room before Mass. All campers are expected to strip their beds (leave at the foot of the bed, but don't stuff the sheets in the pillowcase).

LOST AND FOUND When packing up to leave Shrine Mont, please take all your belongings. Check the front desk in Virginia House for any misplaced belongings (especially children's jackets, etc.) that may have been found and turned in by someone. If you leave anything behind, "lost and found" items will be displayed on a table at the McKenna Center donuts/coffee/fellowship hour following the 9:00 am mass the next Sunday.

TIPS FOR SHRINE MONT STAFF You'll find a tip box on a table near the door of the Dining Room. Please consider tipping the Shrine Mont staff before you leave.

Can't wait to see you at Shrine Mont!

Camp Trinity 2016 Planning Committee

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