

# CONFIRMATION PREPARATION



Team Materials  
Session 3

Theme: Discipleship

Objective: To explore what it means to be a  
disciple of Christ in our everyday lives.

# SCHEDULE FOR SESSION 3

6:30	Check In, Take <b>ATTENDANCE</b> on your roster...make check marks clear... Pizza and drinks in small group room (get to know each other!)
7:00	1. Opening Prayer
	2. Ice Breaker
7:15	3. Review (Jeopardy)
7:30	4. What's He Talking About?
8:05	Supervised BREAK (adult supervision is always needed)-if your group can't be trusted then don't let them leave the room. No one should be going downstairs or outside.
8:10	5. But... What is Discipleship Really...
8:15	6. Putting Our Words into Action
8:40	7. How We Spend Our Time
8:50	8. Examen
9:00	Dismiss Candidates

## Set-up

Sign into computer **username:** REVol **Password:** Pa\$\$word  
 Prepare for Jeopardy. Go to [jeopardy.rocks/session3discipleship](http://jeopardy.rocks/session3discipleship)  
 -use smartboard to play Jeopardy

## Materials

Pens & Markers  
 15 pieces printer paper (for feet outline)  
 15 pieces of ledger paper (for picture telephone)  
 Scissors  
 3 Mini "white boards" and dry erase markers

## Handouts

WHAT'S HE TALKING ABOUT,  
 HOW WE SPEND OUR TIME,  
 WORDS INTO ACTION,  
 BUT...WHAT IS DISCIPLESHIP  
 REALLY...

## 8. Closing Prayer : The Awareness Examen

**Introduction:** St. Ignatius, the founder of the Jesuits, believed that we can find God in all things, at every moment, and even in the most ordinary times. In order to do this we must take time to reflect on our experience. He encouraged us to pray the Awareness Examen to look over our day. Through this reflection, we can discern what brings us closer to God and what may draw us away from God. Through this prayer we can focus our values and priorities on what brings us closer to God and imitating Jesus. The Examen can be done anywhere: when you are in the car, in a park, in the library, before you go to bed... And it can be as long as you like or as short as 5 minutes.

*I invite you to get in a comfortable position to close your eyes. (...)*

*Keep in mind that you are in the presence of God, and that God is in you, and around you, and surrounding you with love. Reflect on one thing from today you are grateful for (...). Take a moment to go back to the beginning of your day. (...). When you woke up in your warm bed, how did you feel? (...)*

*What did you do this morning... (...). Reflect on your day (...) and the interactions you had with every person you came across today... your science teacher... your best friend... Your classmates... your parents. (...)*

*Continue to go through each hour of the day as if you were flipping through the pages of a book. (...). Can you think a specific moment when you acted as a disciple of Christ? (...). Have a conversation with Jesus about your day. You might want to thank him for some of the good things that happened to you today. Maybe you want to say sorry for some of the decisions you made today. (...). Name something specific you need help with. (PAUSE 1-2 min) Finish up your conversation with Jesus, and when you are done you may open your eyes. (...)*

**Let's finish our prayer with an Our Father.**

Notes:

## **5. But... What is Discipleship Really...**

**Introduction:** In the midst of all the miracles Jesus performed, he sat with the disciples and told them their mission. It isn't until Pentecost where they find the courage to go out and do what God asks of them, but only a year or two into Jesus' ministry, he explains what he asks of his disciples:

**Activity:** Read Luke 9:1-6 (**put up on smartboard...** google usccb Luke 9)

### **Discussion questions:**

What word or phrase from the passage sticks out to you?

Which instruction from Jesus would be most difficult to imagine doing? Why? (How could you do it?)

This passage talks about having power over demons. In Jesus' time demons were manifestations of the power of evil in the world. What evils do Jesus' disciples need to address today?

The passage talks about curing diseases and healing people. In what ways can you bring God's healing – physical or emotional- into the life of someone around you.

Share a time in the previous week when you acted as a disciple?

If Jesus tells us to take nothing on our Journey, what strengths do you think have to equip you as a disciple?

What area's do you need to grow?

## **6. Putting our words into action**

**Directions:** Have each student outline their feet. On one footprint have the candidates write down ways they acted as a disciple at home, school, and in the community. When the candidates are finished ask them to share. Then pass out the "Corporal Works of Mercy" handout . Explain that on the other foot, the candidates are to come up with more ways to live out their faith *in the future* by using the Corporal Works of Mercy as a guide. Divide students into groups of 3. Assign each group a Corporal Act of Mercy. Have the group create a skit which displays how they can be a disciple of Christ using that specific Corporal Act of Mercy as a guide.

## **7. How we spend our time**

**Introduction:** So, are we ready to make the commitment to walk as a disciple of Christ?

How do we find the time to serve God and all that God created?

We often complain about how busy we are— and we are! Our days are filled with things we either need or want to do.

**Directions:** Have candidates fill out the "How we spent our time" worksheet .

**Go through questions at the end of the worksheet.**

*maybe have them focus on YESTERDAY ... & LAST SUNDAY (especially if its taking too long)... don't make it about math...*

## **1. Opening Prayer (Led by the PM)**

In the name of the Father and Son and the Holy Spirit, Amen.

*God of understanding,*

*From the day of our Baptism*

*You guide us as we follow your Son, Jesus Christ.*

*Bless us now as we work together as team, and with our fellow candidates, to look at what it means to be a disciple of Christ.*

*Give us the grace to listen to one another, and to allow the Holy Spirit to lead our conversation.*

*Please infuse in us the gifts of Courage, Knowledge, Reverence, Right Judgment, Understanding, Wisdom and Wonder.*

*We ask this through Christ, our Lord and brother, Amen*

## **2. Icebreaker : Picture Telephone**

### **Directions:**

- 1) The group sits in a circle. Each person receives a piece of paper. They should fold it to make the amount of slots per person in the group and then number each slot.
- 2) On page 1, each person writes a song title, t.v. show, a movie, or a phrase-- (i.e. "We Are Never Getting Back Together" or "the girl with the dragon tattoo")
- 3) Everyone passes the stack of papers to the person on the right. Look at the phrase/word you have received. Put page 1 in the back. On page 2, draw a picture of what you read.
- 5) Pass your stack of papers to the right again. Look at the picture on page 2. Put page 2 in the back of the stack. On page 3, write the word/phrase you think is on the drawing.
- 6) Pass your stack of papers to the right again. Look at the phrase/word on page 3. Put page 3 in the back of the stack. On page 4, draw a picture of the word/phrase.
- 7) Continue until it gets back to the person who started it. Everyone shares what they started with and can show the progression. Essentially, it's the game of telephone with pictures. You see the various interpretations along the way.

### **3. Jeopardy**

Put laminated Jeopardy game board on wall using painter's tape.

**Directions:** split them into groups of 4. Each group gets a "white board"/laminated piece of paper and a dry erase marker to write their answers.

Let the most well behaved group select the first theme.

look at the "answer", and each team then has to write the "question" on their whiteboard. After 15 seconds, ask them to hold the whiteboards up in the air. Every team with the correct answer gets the points. Every team with an incorrect answer loses points.

When all the answers from a theme are up the team with the most points picks the next theme.

The team that has the most points at the end gets a ribbon and if you brought candy or anything. :)

### 3. Review Jeopardy

#### Gifts of the Holy Spirit

100	The total number of gifts of the Holy Spirit.	What is 7?	
200	This is the gift that helps one make choices as a follower of Jesus.	What is Right Judgment?	
300	This is the gift you would use when you want to stand up for a person who is being bullied.	What is Courage?	
400	This gift helps you be tolerant and sympathetic of others.	What is Understanding?	

#### We Are One Body

100	This is a way you can be involved at Holy Trinity Church	What is (—————>)?	Peer Ministry, Mass, Donut Ministry volunteer, Lector, Saturday Service Club
200	A time in Mass that we recognize Christ's presence in us as a community.	What is Communion (or the Eucharis)?	
300	Christ established this to	What is the Catholic Church?	
400	While the people are seen as the body of the Church, this is seen as the head.	Who is Christ?	But every part of the body is valuable. The body needs the head just as much as the head needs the body. And every part of the body is essential for the body to work

#### We Belong

100	This is the total number of Sacraments of initiation.	What is 3?	The 3 Sacraments of Initiation are Baptism, Confirmation, and Eucharist.
200	Through this sacrament, we become members of the church.	What is Baptism?	
300	In Confirmation we are anointed with this oil.	What is chrisom?	The Bishop anoints your forehead with chrisom and says "Be sealed with the gift of the Holy Spirit."
400	This action represents the Holy Spirit being called upon.	What is laying on of the hands?	In Confirmation, the bishop will lay his hands on those who will be confirmed. He will ask them to pray that God will pour the Holy Spirit on the candidates to strengthen them with the Spirit's gifts.

### Pentecost

100	Who appeared to disciples on Pentecost?	Who is the Holy Spirit?
200	The Holy Spirit enabled the disciples to do this.	What is speak in different languages to proclaim God's Word?
300	The Holy Spirit appeared to the disciples in these 2 forms.	What is a gust of wind and tongues of flames?
400	The disciples had the courage to do this.	What is go out and spread God's mission?

#### 4. What's He Talking About?

**Directions:** Divide young people into groups of 3. Pass out "What's He Talking About" handout (pg. 6).

**Introduction:** These are quotes taken from Jesus that are found throughout the gospels. Ask for a volunteer to read the first quote. Have the groups talk about what Jesus is trying to say about discipleship for 2 to 3 minutes then discuss as a big group.

#### Suggested points to highlight:

1. God will take care of those who look to God. We should feel comfortable talking about God with our friends. Mention that in order to proclaim God's word we need to have knowledge of our faith. People will challenge our beliefs and you have to be prepared to defend them.
2. Material possessions can be a great distraction on earth. We can not strive for money and material goods and be able to serve God at the same time. The lasting values of life can not be found in the possessions of this world.
3. The purpose of a lamp is to shine light; the bible verse says no one puts a lit lamp under a basket. Likewise, as we discover gifts we have been given, we need to use them! We share the good news through actions, not just our words. And the gifts should be used in God's name by serving others.
4. We are all children of God: whether we see them as strangers, enemies, or friends they are our brothers and sisters in Christ. God asks us to serve ALL of his people. We show God that we love Him by loving his people.
5. Discipleship is something we should be working on everyday. When we want to get better at something we practice right?