

Sacramental Preparation at Holy Trinity

First Eucharist 2020

BASIS OF THE PROGRAM

Family-centered catechesis: An intentional invitation for parents to enter into a conversation with their child in order to explore the how they come into close contact/relationship with God through the Eucharist; how this is at the center of who we are as Christian Catholics; how Eucharist forms us to live our daily lives.

A sacramental text, *God's Gift: Eucharist*, is provided.

Classroom focus: Church teaching, Scripture

PREPARATION: PARENT MEETINGS 10:10am

January 12, 2020 Chapel A theological discussion and prayerful reflection on Eucharist

January 26, 2020 Trinity Hall Practical aspects on using sacramental texts; sacramental texts and resource distributed

PREPARATION: TEACHING LITURGIES IN THE CHAPEL

Parents and children/families should attend a special Sunday Mass in the chapel.

February 9, 2020 RE classes 2A, 2B, 2C

February 23, 2020 RE class 2D, 3+, HTS and RCIA Adapted for Children

PREPARATION: EUCHARIST WORKSHOP

Children and a parent should attend this workshop from 8:30am –Noon.

March 14, 2020 Meet in Trinity Hall

PREPARATION: AT HOME

How can you make this experience meaningful for your child?

- **Follow** the weekly syllabus for the sacramental text.
- **Read** the Bible stories with your child.
- **Discuss** the story and connect it with your family life today.
- **Complete** the exercises in the sacramental text.
- **Review** the boldfaced vocabulary in each week's lesson.
- **Pray** the reflection with your child.

SACRAMENTAL CELEBRATIONS: Various dates and times throughout the Easter season

Parents will select which Mass to celebrate their child's First Eucharist. We will send out a SignUp Genius in the spring. Generally, about 10-12 children celebrate at each Mass. The 1:15 pm Mass offers the opportunity for 20 children to celebrate.

IF YOU NEED ADDITIONAL INFORMATION

- Email or call Judith Brusseau jbrusseau@trinity.org or 202-903-2807.
- Eucharist information is on web site under Sacraments/Eucharist.
- Please see the parish bulletin.

FIRST EUCHARIST