

HT Green Team Resources

PRAY

Connect an “Earth ethic” with your Catholic faith, to encourage what Pope Francis calls an “ecological conversion.”

[Ecological Examen](#) - an Ignatian examen created by the Jesuits and the Ignatian Solidarity Network, in the spirit of Laudato Si', with guided images and reflection questions

[Laudato Si': On Care for our Common Home](#) - Pope Francis' 2015 encyclical letter addressing our combined social and ecological crisis. The Prayer for Our Earth at the end is very beautiful.

[USCCB Care for Creation](#) - The US Bishops have collected Bible verses and prayers that can help deepen the connections between care for creation and your prayer life.

[Jesuit Resources from Xavier University](#) - Another excellent compilation of prayers connected to care for creation.

ACT

Join the Ignatian Solidarity Network in calling on Congress [to support legislation that would increase air pollution standards and oversight](#), especially for mercury and other toxic metals, and that upholds environmental impact studies as required by the National Environmental Policy Act.

Hope for Creation is a new initiative of Catholic Climate Covenant inviting submissions of prayers, meditations, stories, essays, statements, reflections, art, poems, songs, photos, videos, etc. that lift up your love and hope for God's creation! This is a virtual celebration for both Earth Day and Laudato Si' anniversaries. Submissions will have a dedicated webpage and may be used (with attribution) on social media in the next couple of months. [Learn more](#)

Fast from Meat. Globally, animal agriculture is responsible for more greenhouse gases than all the world's transportation systems combined. Reduce your 'foodprints' and return to fasting from meat as a spiritual practice of emptying that will ground us.(Ignatian Spirituality Network)

Get your hands in the dirt today and begin a [Climate Victory Garden](#). Started during WWI and WWII, people started small gardens in their homes which eventually produced about 40% of the fruits and vegetables eaten in the United States. Even if you have limited access to outdoor space or seeds, use [tips from the Lenten Food Waste Fast](#) to start growing something today as an act of restoration with nature. (Ignatian Spirituality Network)

LEARN

Explore Green Opportunities

We asked members of the HT Green Team for recommendations on companies, organizations and products they use. [See the list](#) Looking for a local CSA (Community Supported Agriculture), [search the listing](#) at Local Harvest.

Learn to Compost

Small lifestyle changes can have large impacts. One place to start is with composting. HT Green Team member Sara Keese shares a [resource to get](#) you started! DC's [Zero Waste program](#) also has suggestions and rebates for DC residents. Feeling brave, build or buy your own vermiculture bin (worm farm).

[Caring for the Environment](#) - A 3-page guide created by Loyola Press for families interested in integrating Care for Creation into their families' spiritual life. Submit your email on the link above and receive the PDF.

[Creation Justice Ministries](#) - Educational resources for kids and families related to care for creation and the Christian faith. Created by the National Council of Churches.

[Earth Day Digital Resources for Families](#) - A list of many partner organizations of Earth Day, with a major collection of the resources they have available to help kids be citizen scientists and climate advocates!

