



VOLUNTEER GUIDE

Revised August 2021

WE ARE A JESUIT PARISH THAT WELCOMES ALL TO:
ACCOMPANY ONE ANOTHER IN CHRIST
CELEBRATE GOD'S LOVE
TRANSFORM LIVES

Thank you for being a parishioner for others! Our Fall Volunteer Guide identifies opportunities to work with organizations in DC, MD and VA that are addressing a variety of social justice issues. Direct service allows Holy Trinity parishioners a chance to help, which is how St. Ignatius described service-- nothing lofty, simply helping and working side-by-side with others. This kind of service allows us to form relationships, show solidarity, and learn and work with others, particularly the poor and vulnerable. It also allows us to share the life that God has given us.

Each month the Holy Trinity Social Justice Ministry offers direct service opportunities on campus or in the community. Regular opportunities are highlighted below and new events are included in the weekly Social Justice eLetter.

- [Cupcakes for Christ House](#)
- [Weekend Meals for the Marginalized](#)
- [SOME Snack Bag Collections](#)

If you have a recommendation for a service opportunity, please do not hesitate to share it with me.

A.M.D.G,
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Pastoral Associate of Social Justice
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In an effort to make it easy to identify an opportunity by social issue, please use the key below:

KEY



C= Climate



Y= Youth



H= Hunger/Homelessness



E= Education/Tutoring



I = Immigration



R= Restorative Justice



A = Advocacy

THANK YOU!

ASYLUMWORKS



Location: DC, MD, VA

Donations: Toiletries

www.asylumworks.org

AsylumWorks provides holistic services to support asylum seekers and their families living in the Washington, D.C. region.

A range of in-person and virtual volunteer opportunities: job readiness trainings, professional peer-to-peer connections, informational interviews, supply deliveries, friendly neighbor community peer connections, community programs (i.e. field trips, family playgroups, peace circles), and as needed volunteer opportunities (i.e. translation/interpretation, donations, ESL support).

For more information, please contact community@asylumworks.org

A WIDER CIRCLE



Location: MD (On-site)

Donations: Please visit the website

www.awidercircle.org

The mission of A Wider Circle is to end poverty. Our holistic approach integrates on-the-ground services for the creation of stable homes, workforce development, and neighborhood revitalization. We also seek to develop large-scale solutions that incorporate greater awareness and engagement by the community.

Volunteers help to sort and organize furniture and household items, ensuring each piece is in good condition.

Volunteers who are 13 years or younger must volunteer with a parent or guardian. Volunteers must be signed up in advance for volunteering, which they can do by emailing volunteer@awidercircle.org or calling 301-608-3504.

BREAD FOR THE CITY



Location: DC (On-site/Virtual; Family Friendly)

Donations: Canned goods

www.breadforthecity.org

At Bread for the City, we help Washington, DC residents living with low income develop their power to determine the future of their own communities. We provide food, clothing, medical care, and legal and social services to reduce the burden of poverty. We share a vision of Washington, DC as a nurturing community, where all residents have access to resources they need for survival and growth, and the prosperity of their social, emotional, and spiritual lives.

Volunteers are needed to help pack grocery bags so we can deliver daily food bags to our community members all over DC. Right now we are packing over 700 bags of canned goods and fresh produce a day and would appreciate

as much help as we can get. These are on-going shifts at our NW Center (1525 7th Street, NW) from Monday-Thursday 9am-12pm, 1pm-3pm, and Fridays 9am-12pm.

For more information, please contact Constance Lee at clee@breadforthecity.org

CAPITAL AREA FOOD BANK



Location: DC

The Capital Area Food Bank leads our region's efforts to provide good, healthy food to people struggling with hunger and food insecurity. Each year, we source and distribute the food for over 45 million meals. Learn more volunteer.capitalareafoodbank.org/volunteer-sign-up

CASA CHIRILAGUA



Location: VA (On-site; Family Friendly)

www.casachirilagua.org

Casa Chirilagua's mission is to develop relationships with families to see the Chirilagua neighborhood in Alexandria, VA transformed by Christ. We believe God has endowed our Central American immigrant neighbors with the skills and giftings to be the agents of their own healing and empowerment.

Volunteer opportunities include assisting in our elementary, middle school, and high school programming; becoming a one-on-one mentor with one of our students; sorting and bagging donations through our food pantry; or teaching or assisting in our adult computer literacy programming or English language classes.

Our mentoring program has a one hour a week requirement for at least a year. All volunteers working with youth must be able to pass a background check.

For more information, please call Matthew Gillette at matthew@casachirilagua.org

CASEY TREES



Location: DC (On-site/Virtual)

www.caseytrees.org

Casey Trees is an urban forestry nonprofit that restores, enhances, and protects the tree canopy of our nation's capital.

For more information, please contact Alex Kew at volunteer@caseytrees.org

CATHOLIC CHARITIES DC



Location: DC (On-site/Virtual; Family Friendly)

www.catholiccharitiesdc.org

Catholic Charities is the social ministry outreach of the Archdiocese of Washington. Motivated by the Gospel message of Jesus Christ, and guided by Catholic social and moral teaching, Catholic Charities strengthens the lives of all in need by giving help that empowers and hope that lasts. To this end we affirm and support the dignity of all human life, strengthen families and serve the poor and most vulnerable.

We have various volunteer opportunities that differ greatly from each other. Please visit the volunteer page of our website for more information: www.catholiccharitiesdc.org/volunteer/

CATHOLIC CHARITIES DIOCESE OF ARLINGTON



Location: VA (On-site/Virtual; Family Friendly)

Donations: Food donations for St. Lucy Center in Manassas

www.cdda.net

Catholic Charities, Diocese of Arlington, serving as the charitable arm of the Diocese, feeds the hungry, heals the sick, cares for the elderly and houses the homeless through 21 programs within 21 counties and seven cities. Its work depends on a dedicated staff and collaboration with partner parishes and parishioners, a broad volunteer network, and generous donors who support the mission.

Catholic Charities, Diocese of Arlington, offers a wide range of volunteer opportunities for adults, teens, families, groups, and schools to serve in ministries that support the hungry and the homeless, that offer services to adoptive parents and refugees, that assist prisoners and returning citizens, and that provide free medical care to the underinsured.

For more information, please contact Julie Watkins at julie.watkins@cdda.net

CHRIST HOUSE



Location: DC

www.christhouse.org

The mission of Christ House is to provide comprehensive and compassionate health care to sick, homeless persons in the District of Columbia, and to assist them in addressing critical issues to help break the cycle of homelessness. Twenty-four-hour medical care is provided by staff physicians, nurse practitioners, and a team of nurses and nursing assistants. They evaluate and treat patients, perform tests, change dressings, manage medications and provide immunizations and pre and post operative care. We also have case managers who meet at least once a week with each patient, then formulate care plans during weekly interdisciplinary team meetings. In an effort to treat the whole person, we have several support services that we provide for residents to engage their bodies, minds, and spirit (including but not limited to: serving 3 meals a day, patient activities like game nights, meditation, art, and pastoral/spiritual care including bible studies, and the Kairos Program which is for patients committed to becoming leaders after healing at Christ House).

For more information, please contact Hannah Stanke at hannah.stanke@christhouse.org

CITY BLOSSOMS



Location: DC (On-site/Family Friendly)

Each growing season, City Blossoms works with a group of dynamic volunteers to help take care of the garden spaces. We invite small groups, neighbors, and youth participants to lend a hand through scheduled Garden Workdays or ongoing maintenance at our [Community Green Spaces](#). Volunteers may work at one of the following locations:

Marion St. Intergenerational Garden (1521 Marion St. NW)

Girard Children's Garden (1480 Girard St. NW)

The Farm at Kelly Miller Youth Garden (301 49th St. NE - behind the school)

[Learn more and volunteer](#)

CITY KIDS DC



Location: DC, MD, VA

www.citykidsdc.org

Founded in 1996, City Kids Wilderness Project ("City Kids") facilitates outdoor experiential education for 120+ middle and high school youth on an annual basis. Our model is layered with an evaluation-based, long-term youth development strategy that succeeds in promoting high school graduation and postsecondary success for communities with below average national graduation rates. Programs during the school year are offered online or City Kids' office, and in urban parks, and open spaces across Maryland, Virginia, and the District of Columbia.

Weekend Activities: At least three weekends out of every month during the school year, City Kids takes our youth on outdoor adventures in the National Capital Region. These weekend activities include hiking, biking, kayaking, ropes courses, rock climbing (indoor and outdoor), among others, and are a fun way to engage with our youth. Sign-up to be a short-term Supervised Volunteer, or long-term Volunteer, and participate on weekend trips/activities.
Career Exploration and College Readiness:

During the summer, City Kids runs three sessions of outdoor adventure summer camp in WY, as well as career/college exploration and job training programming for our high school youth in both WY and DC. The goal of this program is to prepare youth for life after high school. Corporate partners can support this programming by: Providing opportunities for career exploration through job shadowing and/or mini-internship placements.; Hosting a group of youth to meet with leadership at your office, and to learn about your company/sector/accomplishments.; Designing and implementing a workshop session for our high school youth, focused on:
For more information, please contact Greg Ley at email greg@citykidsdc.org.

FR. MCKENNA CENTER



Location: DC

The Father McKenna center has a small paid staff. Volunteers remain essential to providing the care and accompaniment that is the legacy of Father Horace McKenna. There are weekday and weekend opportunities.+
[Learn more](#)

FRIENDSHIP PLACE



Location: DC

www.friendshipplace.org/

Friendship Place is the premier provider of housing services for people experiencing homelessness in the Washington DC region. Our innovative, customized, person-focused programs produce demonstrative and lasting results. We empower our participants to rebuild their lives, find homes, get jobs and reconnect with friends, family and the community, permanently.

For more information, please contact Christopher Cannedy at ccannedy@friendshipplace.org

GEORGETOWN MINISTRY CENTER



Location: DC

www.georgetownministrycenter.org

Georgetown Ministry Center guides service-resistant, chronically homeless individuals towards stability through provision of a safe and welcoming environment where everyone is treated with respect, street outreach, and advocacy for the homeless. We seek lasting solutions to homelessness one person at a time.

For more information, please contact Kelly Andrae at kelly@gmct.org

HIGHER ACHIEVEMENT



Location: DC, MD, VA

www.higherachievement.org

Higher Achievement closes the opportunity gap during the pivotal middle school years. By leveraging the power of communities, Higher Achievement's proven model provides a rigorous afterschool learning environment, caring role models, and a culture of high expectations, resulting in college-bound scholars with the character, confidence, and skills to succeed.

Higher Achievement's mentors and tutors are integral to implementing an effective program.

- Literacy Tutors: engage with scholars in reading, writing, speaking, and listening activities that build on scholars' strengths and reflect their cultures and values (commitment: 4:00-6:30pm, minimum 1x/week after school)
- High School Readiness Mentors: help scholars in define and pursue personal and educational goals, gain awareness of high school, college, and career options, and take steps to access those options through writing, reading, and critical thinking activities (commitment: 5:30-6:30pm, 1x/week from September – May after school)

Mentors and tutors build relationships with the same group of scholars every week through academic enrichment and personal encouragement as someone who shows up for them, believes in them, and will stand by them as they work to secure their futures.

Higher Achievement hosts 8 Achievement Centers in Washington, DC; Alexandria, VA; and Greenbelt, MD. We would welcome individual volunteers at any of our sites or groups of volunteers through partner organizations, all serving at the same Achievement Center.

Additionally, Higher Achievement is traditionally in-person, though with the past virtual school year we have been implementing our program virtually. It is our intention to return to in-person programming for School Year 2021-2022, though we will adhere to guidance from schools and school districts to determine when we are able to safely return to in-person programming.

HOPE AND A HOME



Location: DC

Parish Tutoring Liaison: Vacant

www.hopeandahome.org/

Hope and a Home serves families through its multi-phased program to escape homelessness. Holy Trinity currently manages a tutoring program for adults and children.

HOUSING UP



Location: DC (on-site only)

Donations Requested: Food and Gift Cards

www.housingup.org

Housing Up builds thriving communities in Washington, DC by developing affordable housing and offering comprehensive support services to homeless and low-income families. We believe that people who have safe, affordable housing and genuine opportunities are empowered to transform their lives.

Volunteering with Housing Up includes youth enrichment, adult tutoring, and community building activities. We have 5 properties throughout Ward 4 & 7 DC that offer weekly evening opportunities typically between 5:30-7:30PM. All volunteers are required to take a volunteer training (approximately 45 minutes - 1 hour) and undergo a free background check. For more information, please contact Dillon Ficca at dficca@housingup.org

IGNATIAN SPIRITUALITY PROJECT



Location: DC (In-person and virtual)

www.ispretreats.org/

Parish Liaison: Liz McCloskey lizmccloskey@gmail.com

The Ignatian Spirituality Project invites people recovering from homelessness and addiction to encounter God's love, hope and healing through spiritual companionship that transforms lives.

We offer spiritual retreat programs, inspired by and rooted in Ignatian spirituality, which invite individuals into communities of hope and belonging. We are a network of volunteer teams building relationships with one another and creating welcoming spaces for all. We empower people who are in recovery from homelessness and addiction to become leaders on our teams and in our organization. We collaborate with other ministries and organizations in the communities where we serve to achieve and further our mission.

Volunteers are mature adults; familiarity with 12 steps and Ignatian spirituality helpful, though not required

IONA SENIOR SERVICES



Location: DC (On-site; Family Friendly)

Donations: Gift cards to grocery stores and pharmacies (\$10-\$25)

www.iona.org

Iona supports people as they experience the challenges and opportunities of aging. We educate, advocate, and provide community-based services to help people age well and live well.

Group activities include packing and delivering meals on Saturday mornings (re-starting in Fall '21) and individual activities include working on-site weekdays with our older adult participants.

Weekend Meals drivers must be 21 or older. For more information, please email volunteer@iona.org.

KIDPOWER INC



Location: DC (On-site)

www.kidpowerdc.org/

Kid Power, Inc. inspires youth leadership by promoting academic advancement, physical and emotional wellness, and positive civic engagement in underserved communities throughout the District of Columbia. This is done through four core programs: After-School Program, Summer Leadership Academy, In-School Program, and Mentor & Enrichment Program. Our programs support youth in grades 2-12 depending on the program volunteers join.

- **After-School Volunteers:** After-School volunteers join our enrichment program for DC youth in grades 2-8 at five DCPS Partner Schools. Volunteers support with our power hour focused on academic achievement and can support in the classroom more generally with our enrichment lessons focusing on everything from STEM to Art With a Purpose or Civic Engagement. Volunteers will need to commit to a weekly or bi-weekly time and site and complete Kid Power's Volunteer Training and DCPS background checks to become an After-School Volunteer.
- **Garden Volunteers:** Garden volunteers join our VeggieTime Program Team to assist with garden maintenance including watering, weeding, and planting. If the volunteer is able, they may also be asked to join for produce distribution at our school sites and other events. To join the VeggieTime team, garden volunteers must complete Kid Power Training and DCPS background checks. Garden training is provided for any volunteers who need to learn the basics or want a refresher!
- **Mentor Volunteers:** Mentors, Inc. @ Kid Power relies on community-based volunteer mentors to form empowering mentoring relationships with DC youth in grades 8-12. Volunteer mentors commit to at least 1 year of volunteering with 5-8 hours of communication per month and weekly communication. Matches focus on interest-based activities and setting academic, career, civic engagement, and personal development goals together. To volunteer, potential mentors must complete a blended mentor training, FBI background check, individual interview, and several other steps.
- **PowerUp!/Field Trip Volunteers:** PowerUp! and Field Trip Volunteers join programming for one or limited sessions focusing on either career-oriented or field-trip topics. Some examples include career site visits, career panel Q&As, and National Park Service Field Trip. Interested volunteers can reach out to our Volunteer Coordinator who will speak more about the sessions we're looking for in the coming school year.

For all volunteers:

DCPS Background Check (FBI Background Check with Fingerprinting appointment)

For Mentors:

Must be at least 21 years old

Minimum 1 year requirement to volunteer

GED or high school diploma required

L'ARCHE GREATER WASHINGTON DC



Location: DC, VA (On-site; Family Friendly)

www.larche-gwdc.org/

L'Arche Greater Washington, D.C. is a community of people with and without intellectual disabilities sharing life together. As a 501(c)3 nonprofit, L'Arche GWDC provides housing and support services to adults with intellectual disabilities, and serves hundreds of people in the wider community, of many different backgrounds, by offering a place of belonging and growth. In our four homes, two in DC and two in Arlington, we eat, play, learn, laugh, grieve, and pray together. We do with and not for – growing and supporting one another in a mutually transformative way. We are an inter-denominational Christian community that welcomes people of all faiths or none.

Due to local health regulations, we cannot have many people inside our homes at this time. The best ways to volunteer with us are:

1. Dropping off dinners, either one time or regularly. This is a huge help to the life of our homes!
2. Helping with yard work and outdoor maintenance. Our outdoor spaces are so important to us and we would love help in their upkeep!

Minors must be accompanied by an adult. For more information please contact Mary Ellen Dingly at maryellendingley@larche-gwdc.org.

LA COCINA



Location: VA (On-site)

www.lacocinava.org

We use the power of food to generate social and economic change in low-income communities. We offer culinary job training, food assistance, and a small business development program.

Currently, we are in search of technical advisors for our small business entrepreneurs, expertise in marketing, food business development and financials is preferred.

For more information, please contact Paloma Martinez at palomamartinez@lacocinava.org.

SAN MIGUEL DC



Location: DC

Donations: Art supplies, sports equipment, headphones, books, expo markers and other school supplies.

www.sanmigueldc.org

San Miguel School is an independent, Catholic middle school dedicated to providing students with a high-quality, tuition-free education that broadens opportunities for academic, spiritual and physical growth. San Miguel educates Latino boys in grades 6-8 from the District of Columbia and surrounding communities and supports its graduates

through high school. We enroll about 90 students each year, 90 percent of whom are poor and arrive two to three years behind grade level. We offer extensive graduate support services so that our students have the opportunity to advance to competitive college-preparatory high schools and selective colleges. Our mission is to transform lives and break the cycle of poverty through education. We aim to inspire life-long learning, close achievement gaps and put students on a path to success.

We have had a structured volunteer program in place for nearly two decades. Volunteer opportunities are numerous and essential to our students' success. Volunteers provide both in-person and virtual support to students including one-on-one tutoring, high school essay support, job shadowing and mentorship. Bilingual volunteers are especially needed to help students with high school essays, career and organizational planning, and interview preparation. To expose students to important life skills and various career paths, we also recruit volunteers with expertise in fields such as IT, accounting, finance and communications to participate in our Leadership Speaker Series and career workshops. Volunteer support has proven to make a big difference in students' educational lives.

For more information, please contact Kevin Hiler at khiler@sanmigueldc.org.

SO OTHERS MIGHT EAT (SOME)



Location: DC (On-site/Virtual)

Parish Liaison: Eric Nicoll, enicoll@msn.com

SOME is an interfaith, community-based service organization that exists to help and support residents of our nation's capital experiencing homelessness and poverty. SOME offers a variety of services, including affordable housing, counseling, addiction treatment, and job training. In addition, SOME helps meet immediate daily needs by providing food, clothing, and healthcare to those in need.

Volunteers play a major role in realizing SOME's mission to break the cycle of poverty and homelessness and change the lives of those most in need. In an effort to respect our volunteers' interests, we take great care in matching individuals with our needs. SOME offers volunteer opportunities and programs for all ages and cater to a variety of commitment levels. Volunteer and service programs include youth opportunities, holiday opportunities, family services, and meal service as well as the SOME Volunteer Corps.

Please contact Eric Nicoll to be added to the Holy Trinity/SOME volunteer list or contact SOME directly at volunteer@some.org

THE NORTHWEST CENTER



Location: DC (Onsite/Virtual)

Donations Requested: diapers, baby formula, other baby items

www.northwestcenter.org

The Northwest Center provides transitional housing for pregnant mothers through the maternity home program and resources support for pregnant and parenting families through the pregnancy center program.

Volunteers are needed to sort donations of baby items, paint/clean up, help clients with resumes and job search, teach a workshop.

For more information, please contact Susan Gallucci at susan@northwestcenter.net

THE WASHINGTON ENGLISH CENTER



Location: DC (On-site/Virtual)

www.washingtonenglish.org/

Washington English Center is a non-profit, community-based organization that prepares volunteer teachers to provide high-impact educational services, access to technology, and life-skills programs to all adult immigrants in the Washington metropolitan area, regardless of ability to pay. We have been operating online but will re-introduce in person classes in September in addition to our online offerings.

We are currently recruiting volunteers for online one-on-one English tutors and co-teachers interested in either teaching in person or online. Please complete [volunteer form](#).

WE ARE FAMILY SENIOR OUTREACH NETWORK



Location: DC

Donations: Non-perishable Food Items

www.wearefamilydc.org

We Are Family mobilizes a committed corps of community volunteers to bring advocacy, services, companionship and organizing into the homes of 1000 low-income elderly each month, while helping to nurture friendships across boundaries like race, class, religion, age, culture, and sexual orientation. We serve the Columbia Heights, Shaw, Petworth, and Adams-Morgan neighborhoods, communities which have inspiring--but also painful--histories of struggles against racial injustice, economic inequality and violence. Most of our work is done by volunteers -- especially including our senior leaders, elderly who are our front-line ambassadors -- coordinated by co-directors Mark Andersen and Tulin Ozdeger who have been serving seniors, building bridges and fighting poverty in these now-gentrifying neighborhoods for three decades.

We Are Family is a volunteer-driven organization and depends on volunteers to do most of our work! We need volunteers to do grocery deliveries to over 1000 seniors on two Saturdays a month, with volunteers arriving at staggered times between 10am-1pm to pick up pre-packaged groceries to be brought to a specific list of elderly residents. We also need volunteers who can volunteer either during the week or on a Saturday to help assemble our grocery bags. Finally, we need volunteers to help phone (and/or visit, once that becomes safe again) isolated seniors, and hope these can turn into on-going friendships.

All ages welcome--but volunteers must be vaccinated (if eligible for vaccination), wear masks indoors, and observe appropriate social distancing. For more info, or to sign up, go to wearefamilydc.org or write info@wearefamilydc.org.