



## HOLY TRINITY CATHOLIC CHURCH CONFIRMATION GUIDELINES 2023-2024

The sacrament of Confirmation unites us more closely to Christ, increases the gifts of the Holy Spirit in us, and therefore, equips us to witness more fully to our Catholic faith (cf. CCC 1303). “Preparation for Confirmation should aim to lead the Christian toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit...in order to be more capable of assuming the apostolic responsibilities of the Christian life” (CCC 1309).

### **To reach these goals, we invite you to commit wholeheartedly to the following:**

- Participate in Mass weekly either on Saturday evenings or Sundays
- Attend faith formation classes regularly (through a Holy Trinity faith formation program, Holy Trinity School, or another Catholic School)
- Serve others
  - Submit service proposal form by December 1, 2023
  - Complete four service projects (4-5 hours each)
  - At least one project must serve a vulnerable group of people
  - Complete service reflection by March 22, 2024
- Pray daily
- Celebrate the Sacrament of Penance & Reconciliation before confirmation

### **Other Information**

- Registration for Confirmation – Due by November 3, 2023
- Baptismal certificate – Submit by November 3, 2023
- Confirmation sponsor – Submit sponsor form by November 17, 2023
  - Sponsors must be at least 16 years old and have celebrated all three sacraments of initiation: baptism, confirmation, and Eucharist. The sponsor should practice his/her Catholic faith in order to be a witness to living as a disciple of Christ and to help support the candidate. A parent may not be a sponsor for his/her child; a parent can serve as a proxy if the sponsor is unable to attend the confirmation.
- Confirmation Kick-off – December 3, 2023, 5:30 – 8:00 pm
  - Families are invited to Mass at 5:30pm
  - Candidates will participate in activities from 6:30-8:00 pm; dinner will be provided.
- Retreat in Daily Life – various dates January – March 2024
  - This retreat has an opening and closing session in person. During the week between the two sessions, candidates are invited to pray daily using an Ignatian way of praying.
- Confirmation name – Submit confirmation name form by February 23, 2024
  - The Church does not have any specific rule regarding choosing a name for Confirmation. You may use your baptismal name, your given name that was spoken aloud when you were baptized. This shows the connection between baptism and confirmation. You also may choose the name of a saint or blessed whose life inspires you to live as a disciple of Jesus.
- Reflection on Discipleship & the Holy Spirit – Submit reflection by March 15, 2024
- What to wear
  - All candidates will wear a rented gown (similar to a graduation gown) at confirmation; these will be handed out on April 14 when we gather before Mass.
  - For ladies – a nice dress (knee length; shoulders covered) or nice pants & shirt
  - For gentlemen – shirt & tie; dress pants



## HOLY TRINITY CATHOLIC CHURCH CONFIRMATION GUIDELINES 2023-2024

### Summary by Date

October 22, 2023	Parent & Candidate Meeting, 10:15am, Trinity Hall
November 3, 2023	Registration and baptismal certificate due
November 17, 2023	<a href="#">Sponsor form</a> due
December 1, 2023	<a href="#">Service project(s) proposal</a> due
December 3, 2023	Confirmation Kick-Off, 5:30-8:00 pm
December 4, 2023	Sponsor Meeting via Zoom, 7pm – General Information
January 8 & 17, 2024	Sponsor/ Parent Meeting via Zoom, 7pm – Confirmation Retreat in daily life *Sponsors/ parents need to attend only one of these meetings.
Jan/Feb/Mar 2024	Retreat in Daily Life
February 23, 2024	<a href="#">Confirmation name &amp; height form</a> due
March 15, 2024	<a href="#">Reflection on discipleship &amp; the Holy Spirit</a> due
March 22, 2024	<a href="#">Service reflection</a> due
April 7, 2024	Confirmation Rehearsal, 1:00 pm, Main Church
April 14, 2024	Confirmation, 2:00 pm or 5:30 pm



*The Descent of the Holy Spirit*  
Basilica of the National Shrine of the  
Immaculate Conception

COME HOLY SPIRIT,  
FILL THE HEARTS OF YOUR FAITHFUL  
AND KINDLE IN US THE FIRE OF YOUR LOVE.  
SEND FORTH YOUR SPIRIT  
AND WE SHALL BE CREATED  
AND YOU SHALL RENEW THE FACE OF THE EARTH.  
O GOD, WHO BY THE LIGHT OF THE HOLY SPIRIT,  
DID INSTRUCT THE HEARTS OF THE FAITHFUL,  
GRANT THAT BY THE SAME HOLY SPIRIT,  
WE MAY BE TRULY WISE  
AND EVER REJOICE IN HIS CONSOLATIONS,  
THROUGH CHRIST, OUR LORD. AMEN.