



HOLY TRINITY CATHOLIC CHURCH

March 17, 2024

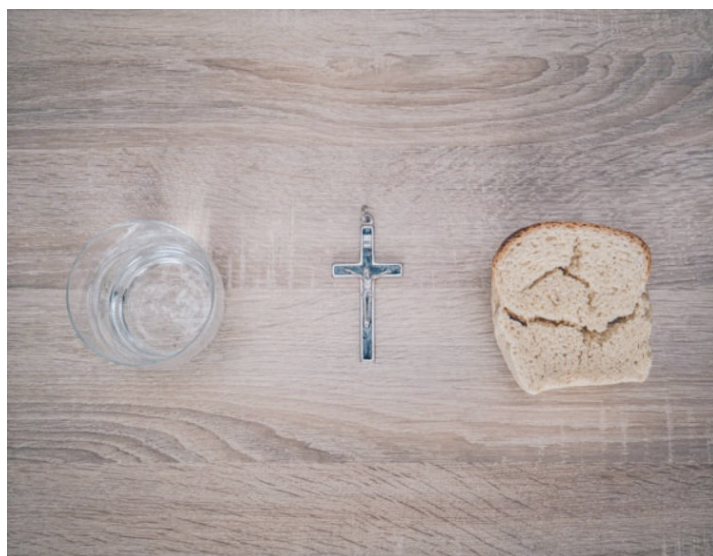
Fifth Sunday of Lent

The Church Invites Us To Still Our Hunger & Thirst

By Catherine Heinhold, Pastoral Associate for Ignatian Spirituality & Prayer

Last month as Lent began, my social media feeds were flooded with images of Valentine candy hearts bearing messages such as “Remember U R Dust,” in place of the more traditional “Will U B Mine?” Friends and family shared plans to attend Mass, or for a romantic meal – some posted pictures of their ashes, while others displayed photos of their chocolates. While Catholic publications offered essays on the connections between romantic love and God’s love, I’ll admit I did have an experience of dissonance – one sphere of my experience focused on obligations to fast, pray, repent, and give alms – and another on the delights of chocolate and fine dining.

This experience of dissonance led me to reflect on the Catholic Christian experience of communal fasting. We don’t do a lot of fasting in the Catholic church, certainly not as much as the Eastern Orthodox churches or Muslims. While Friday was once a day of abstinence from meat for Catholics year-round, in the U.S., our bishops removed the obligation to abstain from meat in 1966. Now instead “urge all to prepare for that weekly Easter that comes with each Sunday by freely making of every Friday a day of self-denial and mortification in prayerful



remembrance of the passion of Jesus Christ.” (Pastoral Statement on Penance and Abstinence). Abstinence from meat on Fridays is still encouraged by our bishops, but no longer required except in Lent.

Communal fasting in Christian tradition has its roots in Jewish tradition. In Leviticus, we read that God commanded Israelites to fast on the Day of Atonement, as an act of repentance (Lev. 23:27–28). Ezra proclaimed a fast among Jewish exiles in Persia, to ask God for protection on their return journey to Israel (Ezra 8:21–23). And the

continued on page 2



OFFERTORY

We invite you to share your gifts with others in our parish community!

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36th Street, NW
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(202) 337-2840



trinity.org



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DAILY MASS SCHEDULE

MONDAY - FRIDAY: 8:00 AM — Chapel
5:30 PM — Chapel

SATURDAY: 8:00 AM — Chapel

SATURDAY (VIGIL): 5:30 PM — Church
SUNDAY: 7:30 AM — Church
9:00 AM — Church, Trinity Hall,
and Livestream
11:30 AM — Church
5:30 PM — Church

SACRAMENT OF

RECONCILIATION: Saturdays, 4:30 - 5:15 PM — Church



The Church Invites Us ...
continued from page 1

Prophet Isaiah explicitly connected fasting to care and concern for those around us: “Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?” (Isaiah 58:6-7)

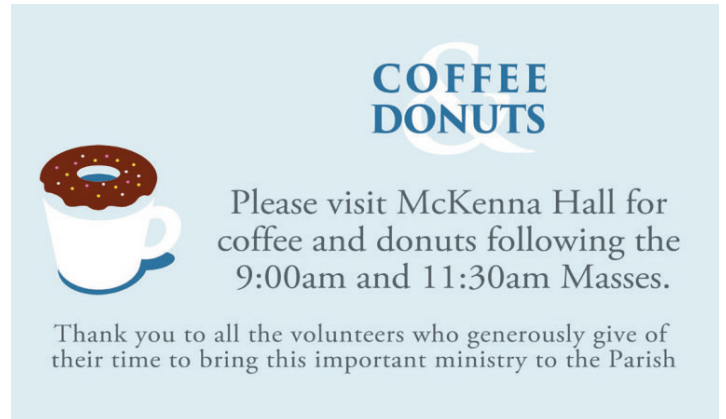
In the New Testament, Jesus says that his disciples will fast, but not while he’s still with them (Matt. 6:16–18). The early church fasted on Wednesdays (remembering Jesus’ betrayal) and Fridays (remembering Jesus’ passion on the cross), according to the 1st century document, the Teaching of the Twelve Apostles (The Didache). As early as the fourth century, a 40-day pre-Easter fast was kept by those preparing for baptism and by public penitents – the origins of today’s season of Lent, and mirroring Jesus’ fast in the desert.

Our communal and individual fasts are meant to be expressions of penitence, and also to help us grow closer to God and to break our attachments to anything that gets in the way of God as the center of our lives.

Today, while fasting of some type is encouraged during the whole season of Lent, we have only two days of obligatory fasting: Ash Wednesday and Good Friday, along with abstinence from meat on these two days and all Lenten Fridays.

In addition to obligatory fasting and abstinence, Catholics have obligations to attend Mass on Sundays and holy days (and to refrain from activities that impede the holiness of those days), to receive the Eucharist during the Easter season and the sacrament of Reconciliation once a year, and to provide for the material needs of the church.

In the U.S., and in the global west in general, we value our independence. We want to make free choices, and decide for ourselves. There is the sense that “obligation,” especially when it has to do with religious practice, makes our action less authentic. And



if that obligation comes from our religious institutions, it’s perceived to be even more onerous, as if performing a religious act under obligation undermines the act’s validity. The unfortunate experience many older Catholics share – of having been taught religious obligations as simply rules to be blindly followed – has contributed to the backlash against individual and communal obligation.

A little research on the etymology of “obligation” reveals an original meaning of a “binding pledge, a commitment.” The word “obligate” meant “to bind, fasten, connect.” Both words are related to the word “ligature,” which is something we use to tie or bind. So, what is it that binds us, in Christian community? Didn’t Jesus tell us that it is love – for one another and for God? So, if the tie that binds us is love, perhaps our communal obligations are simply a reflection of that love. Perhaps we can see them as concrete ways to engage with each other, to walk the Way together, and to support one another in faith.

I make this case as much for myself as anyone else. I really don’t like to fast. I especially struggled this past Ash Wednesday when it felt a little lonely! A mature spirituality doesn’t strive for achievement, to check boxes, or follow rules simply for the sake of following them. Henri Nouwen wrote, “The church is not an institution forcing us to follow rules, but a community inviting us to still our hunger and thirst at its table.” My hope is that by focusing on obligation as love, our individual ties to the Christian community will deepen through the Holy Spirit, and the community itself will be strengthened in its common discipleship.



ST. PATRICK'S DAY POTLUCK



March 17 | 6:30 PM, McKenna Hall
Let's gather for a festive Irish celebration -- wear your green and get ready for some music, food, and fun! Bring the family, kids, and friends!

Sign up to bring a dish to share, and also bring your own bottle/beverage. To sign up, please contact parishlife@trinity.org.

AFTER THIS WEEKEND'S MASSES: MEET YOUR PARISH PASTORAL COUNCIL MEMBERS

This weekend, a PPC member will be present to meet parishioners after each Mass. PPC members will be available once a month, on the Sunday before each scheduled PPC meeting. Members are here to listen to any information that parishioners and visitors would like to pass on to the PPC. They will also have handouts with information on how to attend the PPC meeting (virtually or in person) and contact information for PPC officers.

The Parish Pastoral Council will meet this Wednesday, March 20, at 7:00pm in McKenna Hall or virtually via Zoom.

Every meeting of the Council is open to all and there is reserved time at the beginning of the meeting for parishioners to bring any questions or concerns they may have to the council. Any parishioner also may come to listen to topics being discussed. For more information, please visit: trinity.org/parish-pastoral-council/

PARENTS WITH YOUNG CHILDREN GROUP - THIS SUNDAY

Families with children aged 5 years and younger are invited to a playgroup in the Upper Room of the Parish Center (Level 2) on **March 17** at 10:15AM. Please email mary.cain323@gmail.com with any questions.

SUNDAY YOUTH GROUP

March 17 | 10:10 AM, Walsh Building Room 399 (across from Wisemiller's Deli on 36th St NW)
All high school students welcome!

LBTQIA+ MINISTRY MARCH MEETINGS

General Meeting

March 17 at 1:00 PM in the Neale Room and on Zoom
Topic: Lenten Faith Sharing



IGNATIAN LENTEN RESOURCES

Respond to the call to return to the Lord this Lent -- by praying in an Ignatian way. Visit trinity.org/ignatian-spirituality/resources and find online retreats, guided prayers, and seasonal readings to accompany your Lenten journey.

PRAYING IN SACRED SPACE

Lenten Saturdays | 4:00-5:00PM on Zoom

As Holy week draws near, we welcome you to enrich your Lenten journey by participating in an hour of prayer and faith-sharing with others, drawing inspiration from the Sunday scriptures. Come to one session or all. No registration necessary. Find the Zoom link at trinity.org/ignatian-spirituality/invitations-to-pray.

HOLY TRINITY GARDENING

Saturday, March 30 | 9AM, Chapel Gardens

Volunteer with our Garden Ministry as Spring approaches, to plant, care for, and enjoy one of the most beautiful gardens in Georgetown. Gardeners are needed on Saturday, **March 30**. We meet at 9 am at the shed to the right of the Chapel and work until noon-ish. If you can join us, please bring gloves and a bottle of water (and hand tools if you have them). RSVP to htgardeners@gmail.com

CALLING ALL KNITTERS!

The Ignatian Spirituality Project knitting group is looking for new knitters to join them in making prayer shawls for people recovering from homelessness and addiction. The knitters meet monthly from October through May. If you are interested or just curious, please contact MaryEllen Magner at maryellen.magner@gmail.com for more information.



SUMMER EXPERIENCES EARLY BIRD DEADLINES -YOUTH MINISTRY

Register for middle school and high school service programs by Easter (**March 31**) for \$50 off the registration fee. trinity.org/youth/youth-summer-experiences/

SAVE THE DATE - ANNUAL GARDEN PARTY

Save the date for our annual Garden Party - Friday, **May 10**, 2024 from 6:30 - 8:30 pm in the Chapel Gardens. Always a lovely evening - we hope you can join us! If you are interested in volunteering at the Garden Party to set up, clean up, or make a dish, please contact Susan Gajewski at susan.gajewski@gmail.com

NEW! COMMUNITY MEAL SHARING 2024!

The Social Justice Ministry has arranged for Holy Trinity parishioners to prepare, deliver, and serve a meal at partner organizations in DC and VA. Modeled after the highly successful GMC Extends program, this is an opportunity for families, ministry groups, friends, etc. to provide direct service to those in need.

By signing up, you/your community will commit to preparing and serving a meal on the date indicated. A member of the Social Justice Committee will coordinate details with you. Dates:

- 3/20:** Friends of Guest House (VA)- hosted by YACs
- 4/17:** Woodley House (DC) onsite meal for 35- **Open**
- 4/24:** Restoration Immigration (VA)- hosted by the Migrant Familia; individuals welcome to sign up!
- 4/26:** GMC Lunch (DC) to go meals for 60 - **Open**
- 5/8:** Friends of Guest House (VA) on site meal for 10 - **Open**
- 5/17:** L'Arche (VA) on site meal for 7 - **Open**

If your committee, club, class, neighbors or friends would like to host one of these dates, please email aklick@trinity.org to sign up and for more details.



Those who are gluten intolerant and wish to receive Holy Communion should speak with a Mass coordinator before the start of Mass. The Mass coordinator is stationed near the entrance of the Church.

LARGE GRANT FOCUS: VIOLENCE PREVENTION IN YOUTH

2023-24 marks the 40th year that Holy Trinity Catholic Church has set aside a percentage of its income to address social justice concerns within the Archdiocese of the District of Columbia and beyond.

The Tithe Program seeks to address root causes of social justice issues across the DMV. In 2014, Holy Trinity Catholic Church began allocating a tithe portion to larger social justice grants (>\$20,000) focusing on a priority theme identified each year.

The 2024 RFP focuses on the following priority theme: violence prevention in youth. We also evaluate small grant requests that address food insecurity, migration/refugees, the environment, homelessness, returning citizens, advocacy and youth. In 2024, we are also interested in projects that address mental health in teens and environmental advocacy. For details on eligibility and the application schedule, please visit trinity.org/social-justice/tithe/



A SACRED SPACE OF FINAL REPOSE

Holy Trinity's Columbarium at Holy Rood Cemetery is located at 2126 Wisconsin Avenue, NW, on a hillside overlooking Georgetown, about a mile from the church. The Columbarium is open to all, and over half of the available spaces have been sold.

For more information, please visit the Holy Trinity Columbarium website at holytrinitycolumbarium.org, or call (202) 903-2836.

MORNING PRAYER ONLINE

Mondays and Fridays | 9:00 AM, Zoom
Morning Prayer is celebrated on Mondays and Fridays 9-9:45 am via Zoom. All are warmly invited to join whether once, occasionally, or regularly. Visit trinity.org/morningprayer for information and the link.



THE ORDER OF CELEBRATION

THE INTRODUCTORY RITES

Saturday, 5:30 PM
Sunday, 9:00 AM & 11:30 AM

Entrance



CANTOR/CHOIR SINGS THEN ALL REPLY: Hold us in your mer - cy.



CANTOR/CHOIR SINGS THEN ALL REPLY: Hold us in your mer - cy.

Penitential Act



CANTOR SINGS INVOCATION ... KYRIE ELEISON: Ky - ri - e e - le - i - son.



CANTOR SINGS INVOCATION ... CHRISTE ELEISON: Chri - ste e - le - i - son.



CANTOR SINGS INVOCATION ... KYRIE ELEISON: Ky - ri - e e - le - i - son.

Collect

THE LITURGY OF THE WORD

AT SAT. 5:30 PM AND 9:00 AM MASSES

First Reading

Jeremiah 31: 31-34

Responsorial

Psalm 51: 3-4, 12-15



Cre - ate in me, cre - ate in me a clean heart, O God.

Second Reading

Hebrews 5: 7-9

Acclamation before the Gospel

Gospel

John 12: 20-33

Homily



AT THE 11:30 MASS WITH THE THIRD SCRUTINY

First Reading Ezekiel 37: 12-14

Responsorial Psalm 130: 1-8

With the Lord there is mer - cy, and full-ness of re - demp-tion.

Second Reading Romans 8: 8-11

Acclamation before the Gospel

Gospel John 11: 1-45

Homily

Calling of the Elect

Invitation to Silent Prayer

Intercessions for the Elect *SEE THE PENITENTIAL ACT ABOVE FOR THE PEOPLE'S RESPONSE*

Dismissal of the Elect

AT 11:30 THE MASS CONTINUES WITH THE UNIVERSAL PRAYER AND THE CREED IS OMITTED

Nicene Creed

Universal Prayer

Lord, hear our prayer; De-us, ex-au - di - nos; Se-ñor, es-cú - cha - nos.

THE LITURGY OF THE EUCHARIST

Offertory

We Remember, Gather #681

AT THE 11:30 AM MASS
Saint Patrick's Breastplate, *Tim Keyes*
Holy Trinity Choir

The Eucharistic Prayer

The Communion Processionals

Everyone who lives and believes in me will not die for ever, says the Lord. ~*Cf. John 11:26*

ASSEMBLY REFRAIN ~ AT SAT. 5:30 AND 11:30 MASSES ~ VERSES SUNG BY CANTOR/CHOIR ALL RESPOND WITH THE FOLLOWING:

Out of the depths I cry to you, O Lord.

COMMUNION PROCESSIONALS CONTINUED ON THE NEXT PAGE



AT ALL MASSES

I am the Bread of Life, *Gather #945*

And I will raise you up, and I will raise you
up, and I will raise you up on the last day.

At 9:00 AM Mass

Unless a Grain of Wheat, *Gather #783*

Un - less a grain of wheat shall fall up -
on the ground and die, it re - mains but a
sin - gle grain with no life.

Prayer after Communion





THE CONCLUDING RITES

Announcements

Solemn Blessing & Dismissal

Concluding Processional

The Master Came to Bring Good News



1. The Mas - ter came to bring good news, the news of love and
 2. The Law's ful - filled through Je - sus Christ, the man who lived for
 3. To seek the sin - ners Je - sus came, to live a - mong the
 4. For - give us, Lord, as we for - give and seek to help each



free - dom, to heal the sick and serve the poor, to build the peace - ful
 oth - ers. The law of Christ is: serve in love our sis - ters and our
 friend - less, to show them love that they might share the king - dom that is
 oth - er. For - give us, Lord, and we shall live to pray and work to -

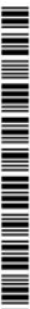


king - dom.
 broth - ers. Fa - ther, for - give us! Through Je - sus
 end - less.
 geth - er.



hear us! As we for - give one an - oth - er!

MUSIC ACKNOWLEDGMENTS Entrance—*Hold Us in Your Mercy* text by Rory Cooney, music by Gary Daigle, © 1994, 1997 GIA Publications, Inc. Responsorial—*Psalm 51* by Michel Guimont, © 1994 GIA Publications, Inc.; *Psalm 130* by Michel Guimont, © 1994 GIA Publications, Inc. Universal Prayer—*Trilingual Intercessions*, by Michael Hay, © 1994 World Library Publications. Communion Processionals—*Out of the depths* by Columba Kelly, © 2014 OCP; *I am the Bread of Life* by Suzanne Toolan © 1966, 1986, 1993, 2005, GIA Publications, Inc.; *Unless a Grain of Wheat* by Bernadette Farrell © 1983, Bernadette Farrell. Published by OCP. Concluding Hymn—*The Master Came to Bring Good News*, text by Ralph Finn, © 1965 GIA Publications, Inc. Tune: ICH GLAUB AN GOTT, from *Gesangbuch*, 1870. Selections used with permission under OneLicense.net A-701277.





KINO BORDER INITIATIVE

If you are interested in learning more about the border - then consider joining members on an immersion trip to the Kino Border Initiative in Nogales, Arizona April 5-9. The Kino Border Initiative (KBI) is a binational organization that works in the area of migration and is located in Nogales, Arizona and Nogales, Sonora, Mexico. It is named after Fr. Eusebio Kino, an early Jesuit missionary in the Sonoran Desert. The KBI's vision is to help make humane, just, workable migration between the U.S. and Mexico a reality. Its mission is to promote US/Mexico border and immigration policies that affirm the dignity of the human person and a spirit of bi-national solidarity.

The goals of this trip are to humanize, accompany, and complicate. We often talk in the abstract about immigration and the border, but the word humanize means to listen to firsthand stories and experiences and recognize the dignity of each individual, whether they be migrants or border residents. Accompany means that we will be on a journey over the course of the days on immersion. You will have the opportunity to bear witness at the moment of deportation through conversations with deported migrants as well as along many different points in the journey, such as the desert and the federal courthouse. The focus of the immersion is not service, but rather presence. Complicate means that the simple answers are oftentimes the wrong ones. Instead, we invite participants to explore questions, nuance and the many different puzzle pieces of migration and the border without having to come to a definitive conclusion.

Please e-mail aklick@trinity.org for more information.

DC JAIL VISITS WITH THE DOUGLASS PROJECT

This year, 28 parishioners have participated in the DC jail visits hosted by the Frederick Douglass Project (a tithe recipient). We have added **March 25** as another opportunity for parishioners to participate together. Visits are from 1pm-3:30pm. To register, please visit douglassproject.org/visitation-participation and indicate Holy Trinity as your affiliation.

MASS INTENTIONS

WEEK OF MARCH 18, 2024

MONDAY	8:00 AM Mary Pickitt 5:30 PM Maria Cristina Samudio Price +
TUESDAY	8:00 AM 5:30 PM Caitlin Kelly +
WEDNESDAY	8:00 AM Bert Rosecan + 5:30 PM Stuart Sandberg
THURSDAY	8:00 AM 5:30 PM
FRIDAY	8:00 AM Joan Gill + 5:30 PM Cecilia Dever Moloney + Charles A. Dever +
SATURDAY	8:00 AM Bill Noonan +

DAILY READINGS

SUNDAY, MARCH 17

FIFTH SUNDAY OF LENT

Jeremiah 31:31-34 | Hebrews 5:7-9 | John 12:20-33

MONDAY, MARCH 18

MONDAY OF THE FIFTH WEEK OF LENT

Daniel 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62 | John 8:1-11

TUESDAY, MARCH 19

SOLEMNITY OF SAINT JOSEPH

2 Samuel 7:4-5a, 12-14a, 16 | Matthew 1:16, 18-21, 24a

WEDNESDAY, MARCH 20

WEDNESDAY OF THE FIFTH WEEK OF LENT

Daniel 3:14-20, 91-92, 95 | John 8:31-42

THURSDAY, MARCH 21

THURSDAY OF THE FIFTH WEEK OF LENT

Genesis 17:3-9 | John 8:51-59

FRIDAY, MARCH 22

FRIDAY OF THE FIFTH WEEK OF LENT

Jeremiah 20:10-13 | John 10:31-42

SATURDAY, MARCH 23

SATURDAY OF THE FIFTH WEEK OF LENT

Ezekiel 37:21-28 | John 11:45-56



MISSION STATEMENT

We are a Jesuit Catholic parish that welcomes all to accompany one another in Christ, celebrate God’s love and transform lives.

NEW PARISHIONER REGISTRATION

Welcome to Holy Trinity!
We invite you to join our parish. You may register at www.trinity.org/register or scan the QR code using your phone:



RITE OF CHRISTIAN INITIATION

The Rite of Christian Initiation of Adults (RCIA) is a process of conversion and faith formation for individuals who are interested in living the Christian life in the Catholic tradition. Those who want to learn more about the possibility of becoming Catholic are welcome to come to the Inquiry meetings held every Tuesday evening at 7pm in the Faber Room, Holy Trinity Parish Center. Please contact Anne Koester at akoester@trinity.org or (202) 903-2825. Holy Trinity also offers RCIA adapted for children and youth who are not Baptized (ages 7 through high school). Please contact Anne Marie Kaufmann at akaufmann@trinity.org (202) 903-2832 for more information.

LGBTQIA+ MINISTRY

Holy Trinity’s commitment to accompany one another in Christ invites us to be more deeply aware of the diversity of our community and more welcoming to those who are marginalized by society or the Church. Our lay-led ministry embraces individuals who are lesbian, gay, bisexual, transgender, questioning/queer, intersex, asexual and their families and friends. More information and upcoming meetings can be found at www.trinity.org/lgbtqia or by emailing LGBTQIA@trinity.org.

PARISH PASTORAL COUNCIL (PPC)

PPC members share leadership responsibility with our pastor. As advisors to the pastor, PPC members assist the pastor in discerning, articulating and communicating to other parishioners the identity and mission of the parish, and they assist the pastor in assuring fidelity to that identity and mission. Contact President Jennifer Dorsey at ppcpresident@trinity.org and Vice President Gail Louis at parishcouncil@trinity.org.

PARISH CENTER

Phone: (202) 337-2840 **Fax:** (202) 337-9048
Emergencies Only: (202) 903-2817
Hours: Mon-Fri: 8:30am - 4:30pm (closed Sat/Sun)

JESUIT STAFF

Pastor	Kevin Gillespie, S.J. (202) 903-2800	kgillespie@trinity.org
Associate Pastor	Pat Earl, S.J. (202) 337-2840 x130	pearl@trinity.org
Associate Pastor	Ben Hawley, S.J. (202) 903-2814	bhawley@trinity.org
Associate Pastor	William Kelley, S.J. (202) 903-2833	wkelley@trinity.org

PARISH DEPARTMENTS

Parish Operations	Tom Favret (202) 903-2847	tfavret@trinity.org
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Communications	Ted Newton (202) 903-2824	tnewton@trinity.org
Facilities	Dino Campagnari (202) 903-2813	dcampagnari@trinity.org
Faith Formation/ Religious Ed.	Anne Marie Kaufmann (202) 903-2832	akaufmann@trinity.org
Holy Trinity School	Katy Williams (202) 337-2339	principal@htsdc.org
Ignatian Retreats & Training	Martina O’Shea (202) 903-2810	moshea@trinity.org
Ignatian Spirituality	Catherine Heinhold (202) 903-2819	cheinhold@trinity.org
Liturgy	Tony Varas (202) 903-2804	tvaras@trinity.org
Music Ministry	Justin Connors (202) 903-2805	jconnors@trinity.org
	Matthew Ogden (202) 903-2827	mogden@trinity.org
Pastor’s Office/ Parish Life	Tabitha Acosta (202) 903-2801	tacosta@trinity.org
Social Justice	Ashley Klick (202) 903-2836	aklick@trinity.org
Stewardship	Rock Schuler (202) 903-2843	rschuler@trinity.org
Youth Ministry	Katie Laskey (202) 903-2846	klaskey@trinity.org



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DISCOVERMASS

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St. Patrick's Day Event
Sunday, March 17th from 11:30am - 3:30pm
Please join us at St. Mary Mother of God Catholic Church at 727 Fifth St. NW, Washington, D.C. We will be selling books, artworks, and refreshments with other independent vendors. We look forward to seeing you!

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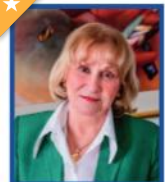
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