



HOLY TRINITY CATHOLIC CHURCH

January 25, 2026

Third Sunday in Ordinary Time

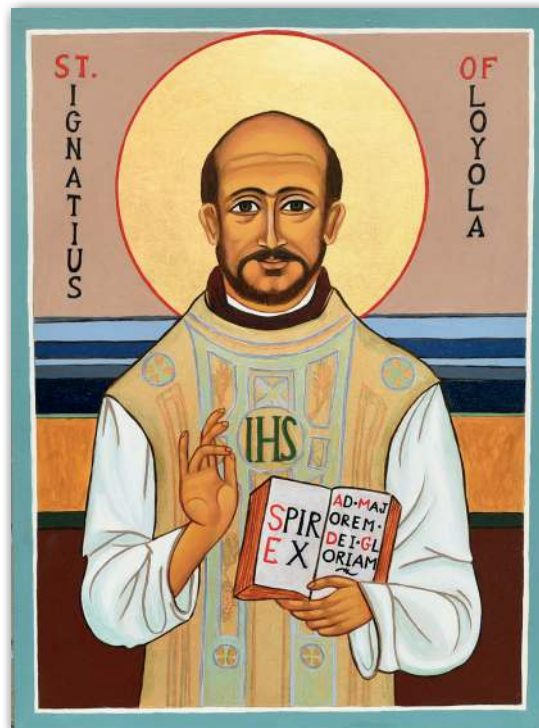
FINDING GOD IN ALL THINGS - INTRODUCING THE IGNATIAN CORNER

By John Oh, Chair, Holy Trinity Ignatian Spirituality and Jesuit Identity Committee

Before my son entered Holy Trinity School several years ago, I knew very little about the Society of Jesus and the Jesuits other than my dad graduated from Marquette University, a Jesuit university. The first time I heard the Suscipe prayer ("Take, Lord, and receive...") was at Back To School night. Only until later did I realize that St. Ignatius of Loyola, who authored the Suscipe, was also the one depicted in the front of the church.

One of the gifts of belonging to Holy Trinity parish is learning about the colorful life of St. Ignatius and his distinctive insights about developing a personal relationship with God that we know as "Ignatian spirituality." You may be familiar with Ignatian spirituality if you participated in a Holy Trinity faith sharing group, retreat, "Praying in Sacred Space," or spiritual direction.

Ignatian spirituality is drawn from the teachings of St. Ignatius, passed down to us through his writings, especially his Spiritual Exercises book, which is a manual for those who offer the Exercises to others, and his many letters. The Ignatian tradition has been and continues to be enriched and expanded by the experience and leadership of generations of Jesuits and by lay people who have embraced the practice and teaching of this spirituality. The Ignatian Spirituality & Jesuit Identity (ISJI)



Committee operates as a standing committee under the Parish Pastoral Council. We work closely with Catherine Heinhold, Pastoral Associate for Ignatian Spirituality & Prayer, to foster Ignatian spirituality and identity within Holy Trinity and to educate parishioners and staff on Ignatian principles, Jesuit traditions, and what it means to be a Jesuit parish.

Today, the ISJI Committee begins the **Ignatian Corner**, *continued on page 2*



OFFERTORY

We invite you to share your gifts with others in our parish community!

MAIN CHURCH

36th Street, NW
between N & O Streets
Washington, DC 20007

PARISH CENTER & CHAPEL

3513 N Street, NW
Washington, DC 20007
(202) 337-2840



trinity.org



/HolyTrinity.DC



@HolyTrinity.DC

DAILY MASS SCHEDULE

MONDAY - FRIDAY: 8:00 AM — Chapel
5:30 PM — Chapel

SATURDAY: 8:00 AM — Chapel

SATURDAY (VIGIL): 5:30 PM — Church

SUNDAY: 7:30 AM — Church

9:00 AM — Church, Trinity Hall, and Livestream

11:30 AM — Church

5:30 PM — Church

SACRAMENT OF

RECONCILIATION: Saturdays, 4:30 - 5:15 PM — Church



FINDING GOD... *continued from page 1*

a limited series of reflections from the committee members on how Ignatian spirituality has enriched our faith lives in a practical way. We are not experts in theology or even Ignatian ways of praying. But each, in his or her own way, has been blessed to experience how Ignatian spirituality leads to a closer personal relationship with Jesus Christ.

Our first article (see below) is on the Examen, the daily prayer to help us identify how God is present in our lives. Future articles will address Ignatian presupposition; faith sharing; consolations and desolations; "finding God in all things;" and Ignatian contemplation. Some of the articles may particularly resonate with you, and invite you to explore further and incorporate the Ignatian principles into your prayer life.

St. Ignatius lived in a different time and place, and spoke a different language from me. But he understands us. He had profound insights that our feelings, desires, imagination, and interior movements can draw us closer to God and help bring about God's reign on earth. We hope you will find Ignatian Corner useful. We welcome your comments and feedback at isadmin+isji@trinity.org.

IGNATIAN CORNER

The first in a limited series of reflections from members of the Holy Trinity Ignatian Spirituality and Jesuit Identity Committee on how Ignatian spirituality can practically enrich our faith.

Several years ago, after another disappointing loss by the Washington Football Team, the coach, when asked what went wrong, replied "I have to look at the tape tomorrow." Systematically reviewing game film can reveal subtle successes and failures not obvious in the real-time cacophony of a football play.

In a similar vein, the daily Examen prayer helps us break through the noise of our busy lives and identify how God is present in our lives. While St. Ignatius of Loyola did not invent the Examen, he popularized it and emphasized its importance in living our faith.

In a nutshell, we pray the Examen by looking back on the past day and seeing how God was present – in the people we met, the places we went, and the things we did. There are many variations of the Examen, and it's more important to show up and pray rather than get hung up on doing it "perfectly". The steps I take (adapted from Father James Martin's Examen podcast) include:


- Quiet the mind and body, get settled, and ask for God's help to pray.
- Express gratitude for a few things in the past day. Besides the need to always praise and thank God for our blessings, naming "Three Good Things" every night has been shown to have positive effects on mental health.
- Review the past day. Reflect on the past day's "game film" to recognize where God was present; for example, the awe from appreciating God's creation in nature; the joy and innocence of watching kids in unstructured play; or moments when we experience sadness but retain hope and faith that God is with us.
- Say sorry for moments when I was not at my best (usually when I'm driving).
- Ask for God's grace to be with me in the next day.

When we regularly pray the Examen, we can better appreciate and respond to God's presence throughout the day in real-time. For more information on the Examen, check out the resources at <https://trinity.org/ignatian-spirituality/resources>.

Coffee & Donuts

Please visit McKenna Hall for coffee and donuts following the 9:00AM and 11:30AM Masses.

Venmo & PayPal now accepted for donations.
Thank you!



Thanks to all the volunteers who generously give of their time to bring this important ministry to the parish.



HOLY TRINITY SCHOOL BOOK FAIR

Sunday, January 25 | During coffee & donuts, McKenna Hall

All are welcome to the Holy Trinity School Book Fair in McKenna Hall after the 9:00 AM and 11:30 AM Masses on Sunday, January 25. Find great children's books and gifts for all ages while supporting Holy Trinity School and its students.

HTS students can also stop by before school from 7:30 to 8:00 AM, and after school from 3:00 PM to 4:00 PM on January 27, 28, and 29.

SISTER PARISH SOLIDARITY: HOLY TRINITY & ST. CATHERINE'S WEBINAR SERIES

Over the course of the spring, we will listen to better understand the lived realities of our Palestinian sisters and brothers at St. Catherine's in Bethlehem, as we learn about and discuss the physical and structural walls in our worlds, and examine shared theological foundations for bridging worldly divides. Our first webinar is The Walls: Land and Lived Reality with Sir Jeffery Abood on **Sunday, January 25** at 12:00 PM ET / 7:00 PM Bethlehem. To receive updates and links, please e-mail holyland@trinity.org.

BEREAVEMENT MINISTRY

The Bereavement Ministry invites anyone grieving the loss of a loved one to join our grief support groups. Our next six-week consecutive grief support group where participants attend all six weeks will be held on Saturdays, **January 31 - March 7**. The sessions run from 10:00 AM to 11:30 AM. Our groups offer a gentle space to share, pray, and find encouragement with others who understand. Please register in advance to help us plan by scanning the QR code at right, or contact Lisa at bereavementministry@trinity.org or (202) 903-2808.



CELEBRATE 175 YEARS! JOIN THE HISTORY TEAM

The HT History Team is recruiting researchers and writers to assist in celebrating the 175th anniversary of the main Church building. During our reserach for Founders Day in 2019, the team shared stories of the Civil War and the symbolism of the Cross on display. Fr. Kevin has asked us to go a little deeper. If you are a history buff, like visiting the archives, or want to learn more about Holy Trinity's history, please e-mail Paul Maco at paul.maco@icloud.com.

RETURNING CITIZENS: WINTER PRISON VISITS

The Returning Citizens Team works with The Frederick Douglass Project to bring parishioners into prisons to create human connection, enable meaningful conversation, and change the way we all think and act. These continue to be powerful interactions. The winter schedule is:

- **January 26:** In Person, DC Jail
- **February 9:** Virtual, with Bent Correctional Facility
- **February 10:** In Person, Arlington Jail



Please use the QR code at left to register, and select "Holy Trinity" in the group name. For more information, please e-mail aklick@trinity.org

SETTING CAPTIVES FREE RETREAT: RACISM AND GOD'S LIBERATING GRACE

February 19 - March 28, 2026

Drawn from the Spiritual Exercises of St. Ignatius Loyola, this retreat is designed for those who seek to uncover their complicity with racial injustice and, with God's grace, grow in interior freedom and be transformed. Retreatants are asked to commit to 30 minutes of daily prayer for five weeks and meet weekly in small groups. For more information and to register by **February 1**, go to trinity.org/ignatian-spirituality/setting-captives-free or contact Emily Dennis, edennis@trinity.org.

JOIN A FAITH SHARING GROUP THIS LENT WEEK OF FEB 9 - WEEK OF MARCH 30

Trinity Faith Sharing groups gather weekly in person or online to reflect on and discuss the intersection between the Sunday scriptures and God's movement in our daily lives. These are not scripture studies, but an opportunity to share experiences and prayer with fellow parishioners. The groups will meet for 8 weeks, beginning the week before Ash Wednesday through Holy Week. Learn more and register by **February 1** here trinity.org/ignatian-spirituality/faith-sharing-groups/. Contact: Catherine Heinhold at cheinhold@trinity.org.

MORNING PRAYER ONLINE

Mondays and Fridays | 9:00 AM, Zoom

Morning Prayer is celebrated on Mondays and Fridays 9-9:45 am via Zoom. Visit trinity.org/morningprayer for information and the link.



CELEBRATING CATHOLIC SCHOOLS WEEK 2026



Catholic Schools
United in Faith and Community

In honor of Catholic Schools Week, January 25 - 31, Fr. Gillespie offers this prayer:

Loving and gracious God,

We thank you for the love and guidance of parents, the primary educators of their children.

And as we begin Catholic Schools Week, we also thank you for the gift of Catholic School education, and for the faculty and staff who serve Holy Trinity School every day.

Thank you for their patience in moments of challenge, their dedication in long hours of service, and their commitment to forming students into people for others.

May their work be rooted in faith, their words reflect your truth, and their actions reveal your love.

As they teach, lead, support, and serve, may they always know the gratitude of our parish community and the blessing of your presence in their lives.

We ask this through Christ, our Lord. Amen.

IS THE DESERT CALLING YOU THIS LENT?

The early Christians knew the desert as a place of encounter with the Living God. Might this same God be inviting you to create a little desert of your own without leaving town, a place of quiet where you might meet the God who loves you? If you've previously made a directed Ignatian retreat and feel drawn to enter more deeply into the Spiritual Exercises, consider making the **Lenten Retreat in Daily Life, February 15 - March 28**. Participants commit to one hour a day for personal prayer and one hour a week to meet with a trained spiritual director, in person or online. For more information and to register by **February 1**, go to trinity.org/ignatian-spirituality/a-lenten-retreat or contact Emily Dennis, edennis@trinity.org.

STRATEGIES FOR SURVIVAL AND FINDING WORK AFTER JOB LOSS

Please join us for a series of six weekly sessions for those who have lost their jobs beginning on Wednesday, **February 4** and continuing through **March 11**. They will take place in person in the Parish Center library from 4:00 - 5:15 PM, and will be facilitated by Marie Raber, MSW, PhD, and other volunteers from our parish. You are warmly invited to stay for 5:30 PM Mass each Wednesday in the chapel following these sessions. Please register ahead of time by scanning the QR code at right. For more information, contact Ian Mitchell, Adult Faith Formation Coordinator, at imitchell@trinity.org.



HIDDEN DREAMS: THE WOMEN OF THE 1963 MARCH ON WASHINGTON

Wednesday, February 4 | 6:30 PM, Nolan Center, Georgetown Visitation Preparatory School
The event will feature Marcia Chatelain, Pulitzer-prize winning author and the Presidential Penn Compact Professor of Africana Studies at the University of Pennsylvania. Students from the Duke Ellington School of the Arts will perform.

ANNUAL TWELFTH NIGHT PARTY

Saturday, February 7 | 6:30 PM, beginning in the Neale Room

It's back! The Annual 12th Night Party is where you want to be on Saturday, February 7. Join Fr. Gillespie for – Hors d'oeuvres. Wine. Dinner. Singing. And the big question is, what role will Fr. Gillespie have in the Holy Trinity Radio Hour? (It's not really radio and it's not really an hour – we just like the way it sounds. Come and see!) Tickets are \$30. To buy tickets or for more information, please scan the QR code at left or contact Helene at hflanagan@trinity.org.



BEING SEEN, BEING HEARD, BEING ACCEPTED

An Ignatian Retreat for our LGBTQIA+ Community, **February 21, 2026**, 10:00 AM to 5:00 PM in person in McKenna Hall. You are invited to gather in community to pray with sacred texts, share in small and large groups, and listen to members of the LGBTQIA+ community share their reflections. Please register by scanning the QR code at right.





THE ORDER OF CELEBRATION

THE INTRODUCTORY RITES

Saturday, 5:30 PM
 Sunday, 9:00 AM & 11:30 AM

Entrance

At 9:00 AM MASS Sing A New Song
 AT OTHER MASSES Praise to the Lord, the Almighty

1. Praise to the Lord, the Al - might - y, the King of cre -
 2. Praise to the Lord, who o'er all things is won - drous - ly
 3. Praise to the Lord, who will pros - per your work and de -
 4. Praise to the Lord! O let all that is in me a -

a - tion! O my soul, praise him, for
 reign - ing and, as on wings of an
 fend you: sure - ly his good - ness and
 dore him! All that has life and breath,

he is your health and sal - va - tion!
 ea - gle, up - lift - ing, sus - tain - ing.
 mer - cy shall dai - ly at - tend you.
 come now with prais - es be - fore him!

All you who hear, now to his tem - ple draw near.
 Have you not seen all you have need - ed has been
 Pon - der a - new what the Al - might - y can do,
 Let the "A - men" sound from his peo - ple a - gain!

Praise him in glad ad - o - ra - tion!
 met by his gra - cious or - dain - ing?
 who with his love does be - friend you.
 Glad - ly with praise we a - dore him!

Penitential Act

Glory to God

Collect

At 9:00 MASS

Gather #322
 Gather #207



THE LITURGY OF THE WORD

First Reading

Isaiah 8:23 - 9:3

Responsorial

Psalm 27:1,4,13-14

The Lord is my light, my light and my sal - va - tion. The
 Lord is my light and my sal - va - - tion.

Second Reading

1 Corinthians 1:10-13, 17

Acclamation before the Gospel

Gospel

Matthew 4:12-23

Homily

THE RITE OF BAPTISM

AT 11:30 AM

Cian Joseph Sherman, Myles Veloso Victoria

AT MASSES WITH BAPTISMS THE CREED IS OMITTED BECAUSE THERE IS A PROFESSION OF FAITH DURING THE BAPTISMAL RITUAL.

Nicene Creed

Universal Prayer

THE LITURGY OF THE EUCHARIST

Offertory

Here I Am, Lord

1. I, the Lord of sea and sky, I have heard my peo - ple cry,
 2. I, the Lord of snow and rain, I have borne my peo - ple's pain,
 3. I, the Lord of wind and flame, I will tend the poor and lame.

All who dwell in dark and sin My hand will save. I, who made the
 I have wept for love of them. They turn a - way. I will break their
 I will set a feast for them. My hand will save. Fin - est bread I

stars of night, I will make their dark - ness bright.
 hearts of stone, Give them hearts for love a - lone.
 will pro - vide Till their hearts be sat - is - fied.

CONTINUED ON THE NEXT PAGE



Who will bear my light to them? Whom shall I send?
 I will speak my word to them. Whom shall I send?
 I will give my life to them. Whom shall I send?

Here I am, Lord. Is it I, Lord? I have heard you
 call - ing in the night. I will go, Lord, if you
 lead me. I will hold your peo - ple in my heart.

The Eucharistic Prayer

A Community Mass, *Gather* #370, 373, 374

The Communion Processionals

CHOIR/CANTOR SINGS VERSES AND ALL RESPOND WITH THE FOLLOWING REFRAIN

You Satisfy the Hungry Heart

You sat - is - fy the hun - gry heart with
 gift of fin - est wheat; Come give to us, O
 sav - ing Lord, the bread of life to eat.

AT THE 9:00 AM

We Are Many Parts, *Gather* #834

Sending of Ministers to Our Homebound

Prayer after Communion



THE CONCLUDING RITES

Announcements

Solemn Blessing & Dismissal

Concluding Processional

You Walk Along Our Shoreline

AT THE 9:00 AM MASS

City of God, *Gather* #766



1. You walk a - long our shore - line, where land meets un - known sea.
 2. You call us, Christ, to gath - er the peo - ple of the earth.
 3. We cast our net, O Je - sus; we cry the king - dom's name;



We hear your voice of pow - er, "Now come and fol - low me.
 We can - not fish for on - ly those lives we think have worth.
 we work for love and jus - tice; we learn to hope through pain.



And if you still will fol - low through storm and wave and shoal,
 We spread your net of gos - pel a - cross the wa - ter's face,
 You call us, Lord, to gath - er God's daugh - ters and God's sons,



then I will make you fish - ers, but of the hu - man soul."
 our boat of com - mon shel - ter for all found by your grace.
 to let your judg - ment heal us so that all may be one.

MUSIC ACKNOWLEDGMENTS Entrance—*Praise to the Lord, the Almighty* text by Joachim Neander, 1650-1680, tr. by Catherine Winkworth, 1827-1878. Tune: LOBE DEN HERREN. Responsorial—*Psalms 27* by Tony Alonso, © 2012, GIA Publications, Inc. Offertory—*Here I Am, Lord* by Dan Schutte © 1981, Oregon Catholic Press. Communion Processionals—*You Satisfy the Hungry Heart* text by Omer Westendorf. Tune: BICENTENNIAL by Robert E. Kreuz, © 1977, Archdiocese of Philadelphia. Published by International Liturgy Publications. Concluding Processional—*You Walk Along Our Shoreline* text by Sylvia Dunston, © 1991, GIA Publications, Inc. Tune: AURELIA. Selections used with permission under OneLicense.net A-701277.





2025 TAX RECEIPTS TO BE ISSUED AFTER JAN. 31

From Advancement & Stewardship: 2025 tax receipts will be issued after January 31 and will be sent to the primary e-mail address listed on each parishioner’s account. We also plan to mail paper copies.

If you have not received an e-mail or a mailed pledge communication, it likely means we have not yet confirmed your contact information. Please contact Luis Garrido, Database Manager and Gift Processor, at lgarrido@trinity.org, and he will be happy to verify your details and send your confirmation.

Beginning February 1, you will also be able to access your tax receipt at any time through your Holy Trinity parishioner account on *MyHolyTrinity*, available via the main parish website.



HOLY TRINITY COLUMBARIUM: A SACRED SPACE OF FINAL REPOSE

Holy Trinity’s Columbarium at Holy Rood Cemetery is located at 2126 Wisconsin Avenue, NW, on a hillside overlooking Georgetown, about a mile from the church. The Columbarium is open to all, and nearly three-quarters of the niches have been sold.

For more information, please visit the Holy Trinity Columbarium website at holytrinitycolumbarium.org, or e-mail htcolumbarium@trinity.org.

PARISH LOST & FOUND

Numerous items get left behind after Mass and events - umbrellas, hats, glasses, etc. The parish lost & found is located in the sacristy behind the main Church. Due to space concerns, the lost and found is cleaned out monthly, with items being donated. Thank you!

MASS INTENTIONS

WEEK OF JANUARY 26, 2026

MONDAY	8:00 AM	Marston Luce +
	5:30 PM	Sarah Duffey Valentine
TUESDAY	8:00 AM	
	5:30 PM	
WEDNESDAY	8:00 AM	
	5:30 PM	
THURSDAY	8:00 AM	Brian Bernat
	5:30 PM	Margaret Hager +
FRIDAY	8:00 AM	Suzel Hoffman +
	5:30 PM	
SATURDAY	8:00 AM	

DAILY READINGS

SUNDAY, JANUARY 25

THIRD SUNDAY IN ORDINARY TIME

Isaiah 8:23—9:3 | 1 Cor 1:10-13, 17 | Matthew 4:12-23 or 4:12-17

MONDAY, JANUARY 26

MEMORIAL OF SAINTS TIMOTHY AND TITUS

2 Timothy 1:1-8 | Mark 3:22-30

TUESDAY, JANUARY 27

TUESDAY OF THE THIRD WEEK IN O.T.

2 Samuel 6:12b-15, 17-19 | Mark 3:31-35

WEDNESDAY, JANUARY 28

MEMORIAL OF SAINT THOMAS AQUINAS

2 Samuel 7:4-17 | Mark 4:1-20

THURSDAY, JANUARY 29

THURSDAY OF THE THIRD WEEK IN O.T.

2 Samuel 7:18-19, 24-29 | Mark 4:21-25

FRIDAY, JANUARY 30

FRIDAY OF THE THIRD WEEK O.T.

2 Samuel 11:1-4a, 5-10a, 13-17 | Mark 4:26-34

SATURDAY, JANUARY 31

MEMORIAL OF SAINT JOHN BOSCO

2 Samuel 12:1-7a, 10-17 | Mark 4:35-41



MISSION STATEMENT

We are a Jesuit Catholic parish that welcomes all to accompany one another in Christ, celebrate God's love and transform lives.

NEW PARISHIONER REGISTRATION

Welcome to Holy Trinity! We invite you to join our parish. You may register at www.trinity.org/register or scan the QR code using your phone:



ORDER OF CHRISTIAN INITIATION

The Order of Christian Initiation of Adults (OCIA) is a process of conversion and faith formation for individuals who are interested in living the Christian life in the Catholic tradition. Those who want to learn more about the possibility of becoming Catholic are welcome to come to the Inquiry meetings held every Tuesday evening at 7pm in the Faber Room, Holy Trinity Parish Center. Please contact Anne Koester at akoester@trinity.org or (202) 903-2825. Holy Trinity also offers OCIA adapted for children and youth who are not Baptized (ages 7 through high school). Please contact Anne Marie Kaufmann at akaufmann@trinity.org (202) 903-2832 for more information.

LGBTQIA+ MINISTRY

Holy Trinity's commitment to accompany one another in Christ invites us to be more deeply aware of the diversity of our community and more welcoming to those who are marginalized by society or the Church. Our lay-led ministry embraces individuals who are lesbian, gay, bisexual, transgender, questioning/queer, intersex, asexual and their families and friends. More information and upcoming meetings can be found at www.trinity.org/lgbtqia or by e-mailing LGBTQIA@trinity.org.

PARISH PASTORAL COUNCIL (PPC)

PPC members share leadership responsibility with our pastor. As advisors to the pastor, PPC members assist the pastor in discerning, articulating and communicating to other parishioners the identity and mission of the parish, and they assist the pastor in assuring fidelity to that identity and mission. Contact PPC President Malcolm McCluskey at parishcouncil@trinity.org with any questions.



Those who are gluten intolerant and wish to receive Holy Communion should speak with a Mass coordinator, stationed near the entrance of the Church, before Mass begins.

PARISH CENTER

Phone: (202) 337-2840 **Fax:** (202) 337-9048
Emergencies Only: (202) 903-2817
Hours: Mon-Fri: 8:30am - 4:30pm (closed Sat/Sun)

JESUIT STAFF

Pastor	Kevin Gillespie, S.J. (202) 903-2800	kgillespie@trinity.org
Senior Priest	Paul Brian Campbell S.J. (202) 337-2840	pcampbell@trinity.org
Parochial Vicar	Jack Dennis, S.J. (202) 337-2840	jdennis@trinity.org
Senior Priest	Pat Earl, S.J. (202) 337-2840 x130	pearl@trinity.org
Parochial Vicar	William Kelley, S.J. (202) 903-2833	wkelley@trinity.org

PARISH DEPARTMENTS

Parish Operations	Tom Favret (202) 903-2847	tfavret@trinity.org
Accounting	Elebat Mengiste (202) 903-2821	emengiste@trinity.org
Advancement and Stewardship	Christopher Dake (202) 903-2837	cdake@trinity.org
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Facilities	Joe Gallerano (202) 903-2838	jpgallerano@trinity.org
Faith Formation/ Religious Ed.	Anne Marie Kaufmann (202) 903-2832	akaufmann@trinity.org
Holy Trinity School	Katy Williams (202) 337-2339	principal@htsdc.org
Ignatian Spirituality	Catherine Heinhold (202) 903-2819	cheinhold@trinity.org
Liturgy	Tony Varas (202) 903-2804	tvaras@trinity.org
Music Ministry	Justin Connors (202) 903-2805	jconnors@trinity.org
	Matthew Ogden (202) 903-2827	mogden@trinity.org
Pastor's Office/ Parish Life	Macaire Carroll-Gavula (202) 903-2801	mcarroll@trinity.org
Social Justice	Ashley Klick (202) 903-2836	aklick@trinity.org



★ "Now that I have a personal assistant, I tell my friends I've gone Hollywood."



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