

Ignatian Spirituality and Jesuit Identity (ISJI) Committee Notes

11 June 2026 at 8:00am (ET)

Facilitator: John O.

Prayer: John O.

Present: Paul R., Ileana R., Lauren W., Brian C., Catherine Heinhold, Jane V., Raúl R., Christiane L., Kitty W.

Absent: Bernadette O., Renee C.

- Welcome - John welcomed the ISJI Committee to our last meeting of the parish year.
- Prayer - John recited a Gonzaga student prayer "Find Gratitude". We discussed words, phrases, and feelings that came to us as we heard and reflected on the prayer.
- Holy Trinity Church 175th Anniversary - Contemplative Prayer - Catherine said the guided contemplations (church cornerstone, segregated balcony) are posted and were announced in this week's e-bulletin: <https://trinity.org/ignatian-spirituality/175/>
Ted used YouTube and added music which added a nice touch. Catherine has future contemplations on the dedication of the church and its use as a hospital during the Civil War. Thanks to Jane, Bernadette, Ileana, and John for working on this project the past month. We discussed that no one at the parish knows where the cornerstone actually is!
- ISJI Committee Update - John
 - Welcome to new committee members Kitty and Lauren! We are excited to have them join us today. They introduced themselves.
 - Congratulations and thanks to Christiane who will assume chair of ISJI Committee beginning this fall.
 - Committee member contact list updated
- Review of May 2026 Examen and Discussion of potential action items. We discussed several topics that were introduced at last month's Examen:
Meeting Time: The early morning meeting time dates back to pre-

covid when Martina was the staff member leading the committee. It used to be Wednesday morning, but moved to Thursday to accommodate Kate at HTS. We discussed pros and cons of moving the meeting to a weekday evening. Those who work full-time have occasional challenges, including YAC reps. On the other hand, many already have evening meetings including faith sharing so the morning slot actually works well. No decision was made because Bernadette was not here, and we need to look at options. Paul suggested that any meeting time should be before the PPC meeting on 3rd Wednesday so that the PPC rep can report on ISJI activities to PPC. John will follow up.

Ignatian Spirituality 101: Catherine said her staff team is working on ideas to promote Ignatian Spirituality education for the parish. She asked for ISJI Committee volunteers who may want to review content over the summer. Mary G also has a good ear for what may work from the perspective of the average parishioner who may not be indoctrinated in Ignatian Spirituality. Brian, Ileana, John, Jane, Christiane, and Kitty volunteered to help Catherine, Ed, and Emily.

More Ignatian Spirituality 101 (Podcast idea): John suggested doing podcasts, which might reach parishioners who don't have time or desire to attend a Sunday 1015 session or evening webinar. We discussed this might be something we could work on with other ministries who face the same issue of parishioners "not understanding what we do". No specific actions for summer.

Ignatian Corner: We discussed that Ileana's article was never published in May. (Later, Catherine confirmed with Ted that this was an oversight, and Ileana's article on Spiritual Consolation and Desolation will be published for the 28 June masses. Raúl's article will be pushed to July. During summer, the church bulletin drops to every two weeks.) We agreed to continue with Season Two of Ignatian Corner and pick it up in early 2027. For Season Two, we can write stories on how we have experienced God's presence in our lives, e.g. "faith sharing" story; describing what it's like to go on a retreat or take part in spiritual direction. We agreed that we have lots of content for another six part series.

Presupposition Training: Ileana said Macaire from Parish Life will likely be receptive to presupposition training in October.

Connections Across Parish: Jane suggested greater collaboration with other HT organizations, working groups, and ministries. For example, we could introduce Ignatian Spirituality to the divorced and separated Catholics group.

- Review of past, ongoing, and upcoming events - Catherine said Ed and Emily are working on the July mini retreat that will cover the Gospel of John. It will include an opportunity to have two sessions with a spiritual director.
- Round Robin (Goings on in Parish) - Paul reminded us to vote in PPC elections by 14 June. He also said PPC will have a September retreat and will invite Christiane and possibly John.
- Closing Prayer - John closed our meeting by reciting the prayer "Help Me Give My Time to You", another Gonzaga student prayer.
- Next meeting is in September 2026
- **DUE OUTS:**
 - Catherine will email the ad hoc group that will review content on a proposed Ignatian Spirituality 101 activity
 - John will determine what potential times might work if we decide to change monthly meeting time.

Meeting	Prayer Lead*
June	John

* **Prayer Lead** is responsible for leading opening and closing prayers for the meeting, as well as for inviting reflections and the naming of spiritual consolation and desolations. The opening prayer is a reflection on a text, with time for silence and sharing